

Curriculum Vitae

DR.SAHEBRAO UTTAM AHIRE

Assistant Professor (Sr.Scale)

PG Department of Psychology and Research Centre,

NTVS's, G. T. Patil Arts, Commerce and Science

College, Nandurbar – 425412, (Maharashtra)

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OBJECTIVES

- *To utilize my Teaching, Research & Administration skills in a reputable College & University.*
- *To explore potentials by means of career in teaching and research in Behavioral Sciences and to contribute the best for the benefit of mankind.*

1. PERSONAL INFORMATION

Name :-	DR. SAHEBRAO UTTAM AHIRE
Email :-	sahebraoahire12345@gmail.com
Mobile :-	9823119255, / 8788088427
Date of Birth :-	2 nd June 1973
Sex:	Male
Religion & Category	Hindu, OBC
Address :-	331, Samarth Mangal Tirth Colony, Ma-Beti Garden, Nandurbar. - 425412, Maharashtra
Marital Status :-	Married
Language Known :-	Marathi, Hindi, English.
Designation:-	Assistant Professor,
Date of Joining :-	10 August, 2017
Pay Scale:- (As Per 7th Pay)	57700-182400
Broad Subject :-	Psychology
Area of Specialization: -	Counselling & Clinical Psychology
Department :-	UG and PG Department of Psychology.
Name of the Institution:-	NTVS's, G. T. Patil Arts, Commerce and Science College, Nandurbar - 425412, (Maharashtra)
University :-	Kavayitri Bahinabai Chaudhari, North Maharashtra University, Jalgaon (Maharashtra)

2. EDUCATIONAL DETAILS:-				
Sr. No	Exam Passed	Board/University	Passing Year	Obtained Marks
1)	Ph. D. (Psychology),	KBC,NMU,Jalgaon	2020	-----
2)	M.A. (Clinical Psychology)	Pune	2012	70%
3)	SET (Psychology)	Pune	2015	Qualified
4)	M.Ed. (Regular.)	N.M.U. Jalgaon	2010	69%
5)	B.Ed. (General)	N.M.U. Jalgaon	2009	68%
6)	B.A.(Psychology)	YCMOU	2014	65%
7)	B.A. (English)	Pune	1995	55%
8)	D.I.P.(Dip.in Industrial Psychology)	Pune	2012	80%
9)	PG One Year Counseling Course MIMH Sassoon Hospital –Pune 01	Pune (M.I.M.H.)	2013	----

RECOGNITION AS A PG TEACHER & RESEARCH GUIDE

1	A Ph.D. Research Guide , recognized by the Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon since 14/07/2022 for imparting instructions in the subject of <i>Psychology</i> under the faculty of Humanities.
2	A Post Graduate Teacher (PG Teacher) , recognized by the Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon since 14/07/2022 for imparting instructions in the subject of <i>Psychology Post Graduate (by Paper)</i> under the faculty of Humanities.
3	A Project (Dissertation) Guide/Supervisor , recognized by the Indira Gandhi National Open University (IGNOU), Delhi since 31 st July 2021 for imparting instructions in the subject of Psychology under the School of Social Sciences (SOSS).

TEACHING EXPERIENCE

Sr. No	Institution	Position Held	Duration of Service	Job Description: UG/PG Teaching /Research
1.	G.D. Sawant College, Nashik	HOD & Assistant Professor	15 June 2016 to Dec.2016	UG. Teaching
2.	G.T. Patil College Nandurbar	Assistant Professor	10 /08/2017 to Till Date	UG. Teaching
3.	G.T. Patil College Nandurbar	Assistant Professor	10 August, 2017 to Till Date.	PG.Teaching

- Currently working as an Assistant Professor UG & PG Department of Psychology, G.T. Patil College, Nandurbar. 425412

RESEARCH GUIDANCE

- Number of Ph.D. students -: **01** (*Registered*)
- Number of MA Dissertations -: **55** Students.

SHORT PROJECT'S COMPLETED BY

- *“Emotional Intelligence and Achievement Motivation Among the Students of Medical Course”. [M.A (Psychology) -2010-2012]*
- *“A Study of Grammatical Mistakes in English Subject Committed by Students of Class 7th of the Eklavya Marathi Medium School in Nandurbar. [M.Ed.-2009-10]*
- *“Emotional Intelligence and Achievement Motivation among The Factory Workers in Nasik City.”.D.I.P. (Diploma in industrial Psychology) 2011-12)*

- **TITLE OF THE THESIS OF THE RESEARCH DEGREES:**

Degree	Subject /Title
Ph.D. (Psychology)	<i>“Emotional Intelligence, Subjective Wellbeing, and Stress among Graduate and Post Graduate Physicians”</i>

SUBJECT WITH AREA OF SPECIALIZATION-:

- **Clinical Psychology**
- **Industrial Psychology and**
- **Counselling Psychology**

CONTRIBUTION AT UNIVERSITY LEVEL

1	Chairman , Paper Setting Committee at Graduation Level (Academic Year from 2020-21- to till date).
2	Member , Paper Setting Committee at Post Graduation Level (Academic Year from 2019-20).
3	Paper Setter (Academic Year from 2019-20 to 2021-22).
4	External Examiner at UG and PG Level Practical exams conducted by the KBC North Maharashtra University, Jalgaon.
5	External Senior Supervisor at exams conducted by the KBC North Maharashtra University, Jalgaon.

CONTRIBUTION AT COLLEGE LEVEL

1	Member , Organizing Committee, One Day Workshop on Syllabus Restructuring organized by the Department of Geography, G.T. Patil College, Nandurbar on 26 th March, 2018.
2	Member , Organizing Committee, a Workshop on Global Skills organized by the Department of English, G.T. Patil College, Nandurbar on 21 st -23 rd January, 2019.

CONTRIBUTION IN SYLLABUS RESTRUCTURING AT UG & PG LEVEL

1	Contributed in syllabus framing of course T.Y.B.A. Psychology of Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon at Dhanaji Nana Mahavidyalaya, Faijpur on 13 th January, 2020.
2	Contributed in syllabus framing of course F.Y.B.A. Psychology (CBCS) of Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon at R.C. Patel ASC College, Shirpur on 7 th September, 2018.
3	Contributed in syllabus framing of course M.A. Part- II Psychology of Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon at M.J. College, Jalgaon on 2 nd July, 2018.
4	Contributed in syllabus framing of course S.Y.B.A. Sem- III & IV Psychology of Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon at VWS College, Dhule on 15 th March, 2018.

5	Contributed in syllabus framing of course M.A. Part- I Psychology of Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon at G.T. Patil college Nandurbar on 16 may, 2021.
6	Contributed in syllabus framing of course M.A. Part- II Psychology of Kavayitri Bahinabai Chaudhari North Maharashtra University, Jalgaon at Jijamata College Nandurbar on 27 May, 2021.

APPOINTMENTS ON STATUTORY BODIES

1	Selected as a Member of Child Welfare Committee, Juvenile Justice (Care and Protection Of Children) Act 2015 , The Government of Maharashtra for the area of jurisdiction Nandurbar District.
2	Selected as a Member of Institution Inspection Committee Juvenile Justice (Care and Protection Of Children) Act 2015 ,for the area of jurisdiction Nandurbar District. (Women and Child Development and Welfare Department Nandurbar)

INVITED AS A RESOURCE PERSON / LECTURES DELIVERED

1	Invited as resource person in National seminar at Government College Sendava (MP) on “Current perspective- Problems, Challenges, and Diagnosis” . Organized by Government PG College Sendava, dist Badawani (MP) on 13 January,2023.
2	Invited as Resource Person in National Workshop at M.G.S.M. College Chopda on “Stress Management for Teaching and Non-Teaching Employees” . In collaboration with North Maharashtra University, Jalgaon on 28 March 2022
3	Invited as Resource Person in KBC,NMU, Jalgaon, To conduct workshop on sports Psychology for Sports Directors (Teachers) under North Maharashtra University, Jalgaon on 29 July 2019
4	Invited as Resource Person for the two-day state level seminar on psychology and other discipline at MVPs Arts and Commerce College Makhmalabad, Nasik. on 4th and 5th Feb. 2019.
5	Invited as Resource Person for orientation program on communication skill in SND College Yeola (Nashik) On 22 January 2016.
6	Invited as Resource Person to conduct workshop for teachers (KG to PG) on Child Psychology in Abhinav institute Akola on 24 April 2016.
7	Invited as Guest Lecture for the topic Depression in Youth in Government Polytechnic College Nandurbar on 2019
8	Invited as Resource Person to conduct workshop for teachers on Stress Management in Rajiv Gandhi International school, Malegaon on 17 August 2015

- 9 Organized and Conducted many workshops for teachers and students at Schools and College level.

RESEARCH PAPERS PRESENTED AT VARIOUS LEVELS (11)

No	Type of Seminar	Organized By	Date	Topic
1	National Conference	Dept. of Psychology M.S.G College, Male.	27&29 th /2011	Positive Psychology
2	National Conference	L.V.H. College, Panchvati, Nashik	09/10 January 2015	Positive Psychology
3	National Conference	Department of Psychology, Navap ur.	15 July 2017	Emotional Intelligence for Youth Behavior.
4	National Conference	ICSSR & YCMOU, Nashik	3 rd to 9 th July.	Research Methodology
5	International Conference	M.V. P Samaj A.C.S. College Nashik	23 rd to 25 th Nove. 2018.	Indian Academy of Health Psychology.
6	National seminar	College of Law, Institute of Legal Edu. and Research	13 th octo. 2018	Law and protection of tribal women
7	National Conference	Adarsh College of Arts Nijampur- Jaitane, Dhule	20, October, 2018	Gender Equality and Women Empowerment
8	National Conference	Z.B. Patil, College, Dhule	7 th & 8 th Dece, 2018	Community Mental Health: Problems and Solutions
9	National Conference	G.T. Patil College Nandurbar	28, Feb, 2019	Recent Trends in Social Sciences
10	State level	Arts and Comme. College Makham. Nashik	4 th to 5 th Feb, 2019	Psychology and other disciplines.
11	State level	Anna Saheb Waghire College, Otur, Junner, Pune	22 nd &23 rd January, 2019	Recent Trends in Physical Education, Sports, Yoga and Psychology.
12	National Conference	PG Government College, Sendava (MP)	13 January, 2023	<i>“Current perspective- Problems, Challenges, and Diagnosis”.</i>

PUBLICATIONS (RESEARCH PAPERS) (14)

1	Ahire S.U, (2016), 'Impact of Yoga on Daily Life and Stress Management'. Ajanta Prakashan, Jaisinpura, Aurangabad. ISBN: 978-93-83587-48-3 , P.No.-48-52.
2	Ahire S.U, (2017), 'A Study of Parent Relationship of Youth Students in Relation to Their Emotional Intelligence'. Atharva Publications, Jalgaon, ISBN: 978-93-87129-13-9 , Pg. No.- 58-65.
3	Ahire S.U. & Chaudhari G.B. (2018), ' <i>Parenting Relationship and Emotional Intelligence Among College Students</i> '. The International Journal of Indian Psychology, ISSN 2348-5396 (e) (p), Volume 6, Issue 2, April-June 2018. [ISSN2349-3429]
4	Ahire S.U., (2018), ' <i>Women, Human Rights and Education</i> .' Atharva Publications, Jalgaon . Book No. 604, Pg. No.- 264-267. [ISBN: 978-93-87129-95-5]
5	Ahire S.U. & Chaudhari G. B. (2018), ' <i>Psychiatry and Psychological Syndrome</i> , Marathi Manasshastra Parishad, Atharva Publications, Jalgaon. , Pg. No.- 43. ISBN: 978-93-88544-07-8
6	Ahire S.U., (2019), ' <i>Emotional Intelligence in Sports Performance Among College Students in Nandurbar District</i> .' Research Journey, International E- Research Journal . Special Issue-99 (B) Pg. No- 128-133. [ISSN: -2348-7143]
7	Ahire S.U., (2019), 'Emotional Intelligence and Stress Among Graduate and Post Graduate Physicians.' Research Journey, Multidisciplinary International E- Research Journal. ISSN: -2348-7143 . Special Issue-146 (B), Pg. No- 51 to 53.
8	Ahire S.U., (2019), 'Psychology and Problems of The Todays Youth in India.' Vidhya Warta, Peer Reviewed International Refereed Research Journal . Special Issue- Psychology and Other Disciplines. Pg. No.30 to 36. ISSN: -[2319-9318]
9	Ahire S.U., (2020), 'Role of Health-Care Workers During Corona-19 Pandemic.' Published in Purakala is an UGC CARE Journal Vol.31, Issue 37, Month May Year 2020. Pg. No.602 to 605. [ISSN 0971-2143]
10	Ahire S.U., (2021), 'Impact of Covid-19 in Teaching and Learning Process in Higher Education. 'Aadhar Publication, Peer Reviewed International Refereed Research Journal . Issue no. CCXLIV (274), Feb.2021,Pg.No.13-18. [ISSN-2278-9308]
11	Ahire S.U., (2021), 'A Study of Gender Difference in Emotional Intelligence among Physicians' Published in Drishtikon. UGC-CARE GROUP I LISTED,-FEB 2021. Pg. No. 955 to 958. [ISSN 0975-119X]
12	Ahire S.U., (2021), 'Comparative Study of Stress between Govt. and Non-Govt. Secondary School Teachers in Nandurbar District.' Vidhyawarta, Peer Reviewed International Refereed Research Journal. , Issue-39, Vol-10 Page no.10 to 13. [ISSN: 2319-9318]
13	Ahire S.U., (2021), 'Adjustment and Emotional Intelligence of Higher Secondary School Students in Nandurbar District. International Journal for Innovative Research in Multidisciplinary Field (IJIRMF) Peer-Reviewed, Refereed, Indexed Journal with IC

	Value: 86.87, Volume - 7, Issue - 8, Aug – 2021, Page no.170 to 173. [ISSN: 2455-0620]
14	Ahire S.U., (2022), Career Preference and Emotional Intelligence among Higher Secondary School Students.' <i>Vidhyawarta, Peer Reviewed International Refereed Research Journal</i> , April to June 22, Issue-42, Vol-08, Page no.24 to 28. . [ISSN: 2319-9318]
15	Ahire S.U., (2023), " <i>Psychological Problems, Types, and Diagnosis</i> ". Government PG College Sendava, conference edition – I, 13 January,2023, page no.04. ISBN- 978-935780-012-9
16	Ahire S.U., (2023), A Brief Review: Higher Education And National Education Policy 2020 , <i>Journal Of Research And Development , A Multi Disciplinary International Level Refereed Journal</i> , Volume 15, , Issue 5, March 2023, Impact Factor 7.26, Page No.177-181, ISSN-2230-9578

PUBLICATIONS (BOOKS) (03)

1. **Abnormal Psychology**:-

Atharva Publications, ISBN 13: 978-81-944866-3-3, Book Publish No.712, First Edition: 16 January 2019,

2. **Industrial and Organisational Psychology.**

(Under Preparation).

ORIENTATION / REFRESHER COURSES / WORKSHOP ATTENDED:

Programme/ Course	Title	Venue	Duration
1. OP	106 th UGC Sponsored Orientation Programme	Human Resource Development Centre, Goa University, Goa.	18/02/2020 to 16/03/2020.
2. RC	Refresher Course in Computer Application (Inter-Disciplinary Course)	Human Resource Development Center, Devi Ahilya Vishwavidyalaya, Indore. (Online mode)	26 /05/2020 to 08/062020.
3. FDP	" <i>Managing Online Classes and Co-Creating Moocs:2.0</i> "	Ministry of Human Resource Development Pandit Madan Mohan Malviya National Mission on Teacher and Teaching,	18/05/2020 to 03/06/2020.

4. FDP	<i>“Sahitya, Media, Manovigyan, Aur Vanijya Ke Vividh Aayam.</i>	Ministry of Human Resource Development PMMMMNMTT,	29/05/20 to 03/06/2020.
5. RC	<i>‘Online Refresher Course in Psychology,’</i>	Ministry of Human Resource Development PMMMMNMTT,	12/04/2021 to 26/04/20221

RESPONSIBILITIES:

1)	Maintain an active program of professional development.
2)	Commitment to innovative and effective teaching.
3)	Assessment and grading of student work.
4)	Use of relevant technology for teaching and communication.
5)	Commitment to university and department mission
6)	Collected educational information and taught to students during classes.
7)	Conveyed subject matter and lecture to the students in a creative way.
8)	Evaluated the students individually to identify areas of difficulties.
9)	Ensured completion of assigned syllabus within the time-frame given.

SKILLS-

IMPORTANT DATES OF SERVICE

2)	Mastery of subject matter.
3)	Major Fields: Clinical Psychology, and Counselling Psychology.
4)	Able to recognize Positive and Negative behaviour of students.
5)	Ability to identify students' weak areas.

Date of Appointment	08/08/2017
Date of Joining	10/08/2017
Date of University Approval	11/12/2017
Date of Confirmation	07/08/2019
Ph.D. Awarded	25/02/2021
Senior Scale (AL-11)	10/08/2021

Project Guide at IGNOU, Delhi	31/07/2021
VCRMS Project	30/05/2022
Ph.D. Guide Recognition	14/07/2022
PG Teacher Recognition	14/07/2022

Dr. Sahebrao U. Ahire.

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