

**KAVAYITRI BAHINABAI CHAUDHARI
NORTH MAHARASHTRA UNIVERSITY, JALGAON.**



‘A’ Grade NAAC Re-Accredited (4th Cycle)

**Syllabus for
M.A. Psychology
I & II Years (Semester I to IV)
FACULTIES OF HUMANITIES**

**Curriculum Specifics
(Program Specific Objectives and Outcomes,
Course Objectives and Course Outcomes)**

With effect from Academic Year 2022-2023 for Ist Year
With effect from Academic Year 2023-2024 for IInd Year

**Department of Psychology,
School of Arts & Humanities,
Kavayitri Bahinabai Chaudhari North Maharashtra University,
Jalgaon. 425 001 (M.S.)**

Syllabus Structure under CBCS for PG Courses in the **Department of Psychology,
KBCNMU, Jalgaon Only
2022-23**

**Summary of Distribution of Credits under CBCS Scheme
For
M.A. Psychology
School of Arts & Humanities
[University Campus under Academic Flexibility w.e.f. 2022-23]**

Sr. No	Type of course	Sem I	Sem II	Sem III	Sem IV
01	Core	08	08	04	08
02	Skill based/ Elective	08	08	08	08
03	Project/ Dissertation	-	-	04	-
04	Audit Courses	02	02	02	02
05	Total Credits	18	18	18	18

Subject Type	Core	Skill based/ Elective	Project/ Dissertation	Audit Courses	Total
Credits	28	32	04	08	72

Total Credits = 72

Programme at a Glance

Name of the Programme (Degree):	M.A. (Psychology)
Faculty:	Humanities
Duration of the Programme:	Two years (four semesters)
Medium of Instruction and Examination:	English, Marathi
Exam Pattern:	60:40 (60 marks University exam and 40 marks continuous internal departmental exam/ assessment)
Passing standards:	40% in each exam separately (separate head of passing)
Evaluation mode:	CGPA
Total Credits of the programme:	72 (32 core credits including 4 credits of dissertation, 32 skill based and elective credits and 08 audit credits)

Programme Objectives (M.A) All

- ❖ To facilitate students to demonstrate a degree of mastery over the area as per their program of specialization at a level higher than requirements in UG programme.
- ❖ To enable students to carry out research/investigation and development work independently to solve critical problems in their respective field
- ❖ To apply a number of strategies for sorting through the applicability of and connections among a range of scholarly approaches to speculate and reconstruct their previous knowledge
- ❖ To prepare students to produce original scholarship that contributes to knowledge in their respective fields
- ❖ To persuade students to compare and validate previous and contemporary development in their respective field of knowledge to generate remedies for contemporary social situation.

Programme Outcomes (M.A) All

After completing the program, the students will be able to-

PO No.	PO	Cognitive level
PO1	Implement connections among approaches to reconstruct previous knowledge	3
PO2	Review and design research proposals/thesis/dissertations independently	4
PO3	Planning of intervention strategies to resolve different psychological issues of clients/patients.	5
PO4	Construct reliable valid tests to assess psychological components	5
PO5	Assessment of various psychological dimensions with the proper use psychological testing.	6

PROGRAMME SPECIFIC OBJECTIVES FOR MA PSYCHOLOGY (POs):

- ❖ To acquaint learners about the role of evidence in the Psychology and how to conduct both quantitative and qualitative Psychological research.
- ❖ To inculcate effective communication, written and oral, about the field of Psychology.
- ❖ To impart substantive knowledge of core areas in Psychology and the ability to think critically about them.
- ❖ To acquaint about the history and evolution of the discipline of Psychology.
- ❖ To develop preparedness for professional study beyond the Master Degree, or for entry into a career in the Psychology.

PROGRAMME SPECIFIC OUTCOMES FOR MA PSYCHOLOGY (PSOs):

After completion of the M. A. Psychology programme, the students will be able to:

PSOs	Programme Outcomes	Cognitive Level
PSO1	Examine the roles and responsibilities of individuals, groups, and institutions in larger society, displaying understanding of the complex relationships between Human behaviour and the Psychological context	4
PSO2	Propose a plan of research for a Psychological problem or issue, including conceptualization of the problem, review of pertinent literature, design of a research study, and identification of methods appropriate for exploring the problem or issue	5
PSO3	Apply various theoretical perspectives to issues in society, showing how a perspective frames each issue, that is, how we understand the issue, the kinds of questions we can ask about it, and the kinds of research methods we can apply to answering the questions	3

Syllabus for M.A. Psychology (Semester -I to IV)
With effect from Academic Year 2022-2023 for I year
With effect from Academic Year 2023-2024 for II year

Credits: Semester I – 18; Semester II – 18; Semester III – 18; Semester IV - 18

Semester I

Course Code	Course Type	Title of the Course	Contact Hour/Week	Distribution of Marks for Examination					Credits
				Internal		External		Total	
				Th.	Pr.	Th.	Pr.		
PSY-101	Core	Theories in psychology: Approaches to Personality	04	40	--	60	--	100	04
PSY-102	Core	Neuropsychology	04	40	--	60	--	100	04
PSY-103	Skill Based	Essentials of Psychological Testing	04	40	--	60	--	100	04
PSY-104	Skill Based	Experimental Psychology (Instrument Practical)	04	--	40	--	60	100	04
AC-101	Audit Course	Practical Cleanliness	02	100	--	--	--	100	02
Total Credits								18	

Semester II

Course Code	Course Type	Title of the Course	Contact Hour/Week	Distribution of Marks for Examination					Credits
				Internal		External		Total	
				Th.	Pr.	Th.	Pr.		
PSY-201	Core	Research Methodology	04	40	--	60	--	100	04
PSY-202	Core	Cognitive Process	04	40	--	60	--	100	04
PSY-203	Skill Based	Statistical Methods In Psychology	04	40	--	60	--	100	04
PSY-204	Skill Based	Experimental Psychology (Testing Practical)	04	--	40	--	60	100	04
AC-201	Audit Course	Choose one out of Four AC-201 (A/B/C/D)	02	100	--	--	--	100	02
Total Credits								18	

List of elective course to be offered in Semester-II

AC-201 (A): Soft Skills

AC-201 (B): Practicing Sports Activities

AC-201 (C): Practicing Yoga

AC-201 (D): Introduction to Indian Music

Note:-Detailed Syllabus for Audit Course AC-101 and AC-201 (A/B/C/D) are Available on University Website Separately at: <http://www.nmu.ac.in/StudentCorner/Academics/Syllabi.aspx>

Semester III

Course Code	Course Type	Title of the Course	Contact Hour/Week	Distribution of Marks for Examination					Credits
				Internal		External		Total	
				Th.	Pr.	Th.	Pr.		
PSY-301	Core	Psychotherapeutics- I	04	40	--	60	--	100	04
PSY-302	Core	Dissertation	04	--	--	--	100	100	04
PSY-303	Elective	(A) Psychological Disorders- I OR (B) Counselling Psychology	04	40	--	60	--	100	04
PSY-304	Elective/ Skill Based	(A) Psycho-Diagnostics-I OR (B) Modern Career Counselling	04	40	--	60	--	100	04
AC- 301	Elective Audit Course	Choose one out of Four AC-301 (A/B/C/D)	02	100	--	--	--	100	02
Total Credits								18	

List of elective course to be offered in Semester-III

AC-301 (A): Computer Skills

AC-301 (B): Cyber Security

AC-301 (C): Disaster Management in India

AC-301 (D): Nuclear Biological and Chemical Warfare

Semester IV

Course Code	Course Type	Title of the Course	Contact Hour/Week	Distribution of Marks for Examination					Credits
				Internal		External		Total	
				Th.	Pr.	Th.	Pr.		
PSY-401	Core	Psychotherapeutics- II	04	40	--	60	--	100	04
PSY-402	Core	Health and Positive Psychology	04	40	--	60	--	100	04
PSY-403	Elective/ Skill Based	(A) Psychological Disorders-II OR (B) Advanced Skills and processes of Counselling	04	40	--	60	--	100	04
PSY-404	Elective/ Skill Based	(A) Psycho-Diagnostics-II OR (B) Assessment in Counselling Psychology	04	40	--	60	--	100	04
AC- 401	Elective Audit Course	Choose one out of Four AC-401 (A/B/C/D)	02	100	--	--	--	100	02
Total Credits								18	

List of elective course to be offered in Semester-IV

AC-401 (A): Human Rights AC-401 (B): Current Affairs AC-401 (C): India's Land- Border.

AC-401 (D): Regional Security Issues

Note:-Detailed Syllabus for Audit Course AC-301 (A/B) and AC-401 (A/B) are Available on University Website Separately at: <http://www.nmu.ac.in/StudentCorner/Academics/Syllabi.aspx>

**KAVAYITRI BAHINABAI CHAUDHARI NORTH MAHARASHTRA UNIVERSITY,
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**Syllabus under CBCS for MA in PSYCHOLOGY
Syllabus Structure (w.e.f 2022- 23)**

M.A. Part-I Semester-I

Paper-I- PSY-101 Theories in Psychology: Approach to Personality

**Total Marks-60+40
Total Hours-60**

Objectives:

1. To introduce various Theories of Personality.
2. To evaluate Personality theory and research.
3. To apply modern approaches to personality

Unit: 01. Psychoanalytic, Neo-analytic Theories (15)

- 1.1. Psychoanalytic aspects of personality: Sigmund Freud's Theory.
- 1.2. Neo-analytic aspects of personality: Alfred Adler, Carl Jung.
- 1.3. Contemporary Psychoanalytic Theory: Erik Erikson.
- 1.4. Application of Psychoanalysis, Neo-analytic theories.

Unit: 02. Biological and cognitive- behavioral theories (15)

- 2.1. Genetic and Physiological aspects of personality: Minnesota Twin study, Nature v/s nurture, Hans Eysenck, Raymond Cattell
- 2.2. Behaviorist and learning aspects of personality: B.F. Skinner, Dollard-Miller
- 2.3 Cognitive and Cognitive-experiential aspects of personality:
Albert Bandura, Jean Piaget, Seymour Epstein
- 2.4. Application of Biological and Cognitive- Behavioral theories

Unit: 03. Humanistic and Existential Theories (15)

- 3.1 Humanistic aspects of personality: Carl Roger, Abraham Maslow
- 3.2 Existential aspects of personality: Eric fromm, Rollo May.
- 3.3 Existential aspects of personality: Irvin Yalom, Victor Frankle
- 3.4 Application of humanistic and existential theories

Unit: 04. Social Psychological Theories (15)

- 4.1 Personality and social interaction: Lev Vygotsky, Murray's theory
- 4.2 Culture and personality
- 4.3 Gender difference in personality
- 4.4 Application of social psychological theories

Reference Books:

1. Barve, B. N. (2006): Vyaktimatva Sidhhanta, Vidya Prakashan, Nagpur.
2. Dan P. McAdams D.P. (2008) The Person: An Introduction to the science of Personality Psychology. Willey
3. Ewen, R. B., (2010): An Introduction to Theories of Personality, Psychology Press, Taylor and Francis Group, New York.
4. Friedman Howard S and Schustack Miriam W. Personality: Classic Theories and Modern Research. IIIrd Edition, Pearson Education, Delhi.
5. Hall, C. S., Lindzey, G., & Campbell, J. B. (2007). Theories of Personality. 4th Edn. Wiley: India.
6. Ryckman, R. M. (1978). Theories of Personality. D. Van Nostrand Company: New York.
7. Schultz, D. P. & Schultz E. S. (2005). Theories of Personality, Delhi, Thompson Wordsworth.

Internal Examination – 40 marks

Internal Test	Seminar	Attendance
20	10	10

Course Outcomes:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 101 -1	Application of basic theories and modern approaches of Personality to analyse the problem.	3
PSY 101 -2	Generalize the aspects of personality theories and modern researches in psychology in day-to-day life.	3
PSY 101 -3	Apply aspects of personality theories and modern researches to facilitate behaviour modification.	3

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Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2022- 23)

M.A. Part-I Semester-I

PSY 102 – Neuropsychology

Total Marks - 60+40

Total Hours – 60

Objectives -

- To understand primary and higher order neuropsychological processes
- To acquaint students with the structure, neural networks and functions of brain
- To help students to understand applications of neuropsychology

Unit 1- Basics of neuropsychology (15)

- 1.1 Structure and functions of Human brain
- 1.2 Development to Brain
- 1.3 Sensory and perceptual processes and motor systems
- 1.4 Importance of neuropsychology

Unit-2- Conceptual Basis I (15)

- 2.1 Memory
- 2.2 Executive functions
- 2.3 Language
- 2.4 Speech

Unit-3 Conceptual Basis II (15)

- 3.1 Attention
- 3.2 Emotion
- 3.3 Motivation
- 3.4 Learning

Unit-4 Practical approach to Neuropsychology (15)

- 4.1 Assessment
- 4.2 Applications
- 4.3 Neuroimaging techniques: CAT, MRI, DTI, PET, MEG and Optical brain imaging, Multimethodological approaches.
- 4.4 Neuropsychological tests and methods.

References:

Text Books: -

- 1) Anderson, V., Jacobs, R. & Anderson, P. (2008). Executive Functions and the Frontal Lobes: A Lifespan Perspective. New York, NY: Psychology Press.
- 2) Carlson, N. (1999). Physiology of behaviour. Boston: Allyn & Bacon.
- 3) Jurado, M. B. & Rosselli, M. (2007). The Elusive Nature of Executive Functions: A Review of our Current Understanding. Neuropsychological Review, 17, 213–233.
- 4) Kolb B., & Whishaw I.Q. (2007). Fundamentals of human neuropsychology (6th ed). New York, NY: Worth Publishers.
- 5) Walsh, K. (1994). Neuropsychology: A clinical approach. ND: Churchill Livingstone 46
- 6) Zilmer, E. A. & Spears, M. V. (2001). Principals of neuropsychology. Canada: Wadsworth.

References Books

- 1) Alvarez, J. A. & Emory, E. (2006). Executive Function and the Frontal Lobes: A Meta-Analytic Review. Neuropsychology Review, 6(1), 17-42.
- 2) Johnson, M. H. (1997). Developmental cognitive neuroscience. Blackwell Publishers.
- 3) Lezak, M. D. (1976). Neuropsychological assessment. New York, NY: OUP.
- 4) Pinel, J. P. J. (1997). Biopsychology. Boston: Allyn & Bacon.
- 5) Gazzaniga, M.S., Ivry, R.B., & Mangun, G.R. (2009). Cognitive neuroscience: The biology of the mind (3rd ed.). New York, NY, Norton & Norton.
- 6) Purves, D., Cabeza, R., Huettel, S.A., LaBar, K.S., Platt, M.L., & Woldroff, M.G. (2012). Principles of cognitive neuroscience (2nd ed.). Sunderland, MA, USA: Sinauer Associates Inc. Publishers
- 7) Ulham, J.C. (2006). Functional neuroimaging: Experimental design and analysis.
- 8) Book chapter in R. Cabeza & A. Kingstone (Eds.), Handbook of functional neuroimaging of cognition (2nd ed., pp. 53-82). Cambridge MA: MIT Press.
- 9) Ward, J. (2010). The student's guide to cognitive neuroscience. New York: Psychology Press.

Internal Examination – 40 marks

Internal Test	Seminar	Attendance
20	10	10

Course Objectives:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 102 -1	Relate the aspects of neuropsychology to apply and measure them	3
PSY 102 -2	Generalize the nature and basic neuropsychological processes to interpret.	3
PSY 102 -3	Analyze neuropsychological process to intervene the problems.	4

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**KAVAYITRI BAHINABAI CHAUDHARI NORTH MAHARASHTRA UNIVERSITY,
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**Syllabus under CBCS for MA in SYCPCHOLOGY
Syllabus Structure (w.e.f 2022- 23)
M.A. Part-I Semester-I**

PSY 103 - Essentials of Psychological Testing

Total Marks-60+40

Total Hours-60

Objectives:

- ❖ To acquaint student with the characteristics of standardized tests.
- ❖ To train students with psychometric theories and principles of test construction.
- ❖ To develop occupational skills in student related with psychological testing.

Unit 1 Measurement and Psychological test (15)

- 1.1 Meaning, Nature, Importance and Types of Psychological Test
- 1.2 Test anxiety and Rapport
- 1.3 Characteristics and Ethical issues of psychological test.
- 1.4 Application: Uses of psychological test

Unit 2 Item analysis (15)

- 2.1 Meaning and Purpose of item analyses
- 2.2 Difficulty and Discrimination of items
- 2.3 Item response theory
- 2.4 Item analysis of test.

Unit 3 Reliability and Validity (15)

- 3.1 Meaning and types of reliability and Validity
- 3.2 Factors influencing reliability.
- 3.3 Factors influencing validity
- 3.4 Relation between reliability and validity

Unit 4 Response set in test and Norms (15)

- 4.1 Meaning and Types of response set
- 4.2 Methods of controlling response set
- 4.3 Meaning and Types of norms
- 4.4 Steps involved in developing norms

References:

1. Anastasi, A. (1988). *Psychological testing*. NY: Macmillan.
2. Anastasi, A. & Urbina, S. (1997). *Psychological testing*. N.D.: Pearson Education.
3. Borude R.R. (2005). *Psychological testing*. Pune Vidhyarthi ghras Publication, Pune.
4. Chaddha, N. K. (1996). *Theory and practice of psychometric*. New Delhi: New Age International Ltd.
5. Cronbach, L. J. (1990). *Essentials of psychological testing*. 5th Ed. New York: Harper Collins Publishers:
6. Freeman, F.S. (1965). *Psychological testing*. 3rd Ed. New Delhi: Oxford & IBH Publishing
a. Co. Pvt. Ltd.
7. Ghiselli, E.E. and Campbell, J.P., Zedek, S. (1981). *Measurement theory for the behavioral sciences*. W.H. Freeman.
8. Ghiselli, E. E., Campbell, J. P. & Zedek, S. (1981). *Measurement theory for the behavioral sciences*. W.H. Freeman.
9. Kaplan, R.M. & Saccuzzo, D.P. (2007). *Psychological Testing: Principles, Applications, and Issues*. Australia: Thomson Wadsworth
10. Kothari C.R. (2004). *Research Methodology*. 2nd ed. New Delhi: New Age International Ltd.
11. Miller, McIntire and Lovler (2011). *Foundation of psychological testing*, 3 Publication, California.
12. Murphy, K. R., Davidshofer, R. K. (1988): *Psychological testing: Principles and applications*. New Jersey: Prentice Hall Inc
13. Singh, A.K. (2006). *Tests, Measurements and Research Methods in Behavioral Sciences*.
a. Patna: Bharati Bhavan.
14. Singh A.K. (2006). *Research Methods in Psychology, Sociology and Education*. Delhi Motilal Banarasidas Publication.

Internal Examination – 40 marks

Two students in pair have to construct at least one psychological test under guidance of faculty

Internal Test	Attendance	Test Construction
20	10	10

Course Outcomes:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 103 -1	Analysis of the problems to be measured.	4
PSY 103 -2	Application and evaluation of standardized tests to subjects.	3
PSY 103 -3	Construction of standardized psychological tests	5

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**KAVAYITRI BAHINABAI CHAUDHARI NORTH MAHARASHTRA UNIVERSITY,
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**Syllabus under CBCS for MA in PSYCHOLOGY
Syllabus Structure (w.e.f 2022- 23)
M.A. Part-I Semester-I**

PSY 104- Experimental Psychology (Instrument Practical) Total Marks 60+40

Total Hours- 60

Objectives:

1. To acquaint the students with skills of scientific techniques of conducting experiments in psychology.
2. To know the students with different areas of experimental research in psychology.
3. To introduce the students with the application of experimental findings in day to day life.

(Minimum 10 Experiments are Compulsory)

Group – A) Psycho-physics and scaling method, motor skills

1. Muller Lyre Illusion
2. Size and Weight Illusion
3. Finger Dexterity
4. Motor skills

Group – B) Sensation Perception and attention

1. Size Constancy
2. Perception of distance (Howard- Dolman)
3. Division of attention
4. Zeigarnik Effect
5. Fluctuation of Attention

Group – C) Learning and memory

1. Transfer of Learning: Mirror Drawing
2. Maze Learning
3. Serial Learning: Effect of Memory of associated and unassociated words
4. Proactive and Retroactive Interference
5. STM- Digits and Letters.
6. LTM
7. Multiple choice

Group – D) Cognition, Motivation and Emotion

1. Concept Formation
2. Tower Building: Expectation and Coordination
3. Effect of Motivation on Performance.
4. Emotional Expression
5. Ring Toss Game (Check Achievement Motivation)

References:

1. Collins, M. & Drever, J. (1930). *Experimental Psychology*. London: Methuen & Co. Ltd.
2. Galloti, K. M. (2004). *Cognitive Psychology*. In and Out of Laboratory. USA: Thomson Wadsworth
3. Mohsin, S. M.: *Experiments in Psychology*.
4. Nunn, V.K. (1988). *Laboratory Psychology: A beginner's guide*. Hove: Psychology Press Ltd.
5. Rajamnickam. M. (2005). *Experimental Psychology: With Advanced Experiments*. Vol. 1&2. New Delhi: Concept Publishing Company.
6. Tinker, M. A. & Russel W. A. *Introduction to Methods in Experimental Psychology*. Appleton- Century Crofts.

Internal Evaluation: 40 Marks.

Experiment and experiment evaluation reports	Attendance	Experiment report writing (Practical Journal)
10	10	20

External Evaluation: 60 Marks

1. Instruction and conduct	20 Marks
2. Report writing	20 Marks
3. Viva-voce	20 Marks

Course Outcomes:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 104 -1	Develop skills of scientific techniques for conducting experiments in psychology.	4
PSY 104 -2	Interpretation of obtained experiment results.	3
PSY 104 -3	Evaluation and generalize experimental findings in day to day life.	5

M.A. Part I Semester I (Psychology): Audit Courses

AC-101: Practicing Cleanliness

(Compulsory; Campus-level Audit Course; Practical; 2 Credits)

Course Objectives (COs):

1. To make students aware of Clean India Mission and inculcate cleanliness practices among them.
- Awareness program on
 - Swachh Bharat Abhiyan (Clean India Mission)
 - Clean Campus Mission
 - Role of youth in Clean India Mission
 - Cleaning activities inside and surroundings of Department buildings.
 - Tree plantation and further care of planted trees
 - Waste (Liquid/Solid/e-waste) Management, Japanese 5-S practices
 - Planning and execution of collection of Garbage from different sections of University campus
 - Role of youth in power saving, pollution control, control of global warming, preservation of ground water and many more issues of national importance.
 - Cleanest School/Department and Cleanest Hostel contests
 - Painting and Essay writing competitions

Course Outcomes (COs):

On completion of this course, the student will be able to:

Cots. No.	Course Outcomes	Cognitive level
AC101.1	Identify need at of cleanliness at home/office and other public places.	2
AC101.2	Plan and observe cleanliness programs at home and other places.	4
AC101.3	Practice Japanese 5-S practices in regular life.	3

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Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2022- 23)

M.A. Part I (Semester – II)

PSY – 201 Research Methodology in psychology

Total Marks: 60 +40

Total Hours: 60

Objectives

This course aims at enabling students to –

- ❖ To know the basic concepts in Research Methodology.
- ❖ To enable students to know the basic steps in research process
- ❖ To the introduce basic terminology of advanced research techniques

Unit-1 Research process and Survey Research (15)

- 1.1 Overview of basic research concept (Problem, Hypothesis, Variable and Operational Definition)
- 1.2 Sampling Techniques
- 1.3 Methods of data collection: Observation, Survey, Interview,
- 1.4 Issues and Application of survey research

Unit-2 Experimental design (15)

- 2.1 Experimental design- Definition, Principles and functions
- 2.2 Between group design: Randomized group design
- 2.3 Between group research design- Single group and two group design
- 2.4 Factorial design- Simple factorial design, multi-factorial design

Unit -3 Multivariate Data Analysis (15)

- 3.1 Factor Analysis – Nature, concepts in factor analysis
- 3.2 Factor analysis, regression analysis and cluster analysis
- 3.3 Steps and Techniques of factor analysis
- 3.4 Regression Analysis

Unit -4 Research report writing (15)

- 4.1 Significance of Report writing
- 4.2 Preparing research proposal- APA style
- 4.3 Research report – Report writing steps, Report structure,
- 4.4 Research report writing, typing and evaluation of research report

References-

1. Anastasi, A. (1990). *Psychological Testing*. McMillan
2. Kerlinger, F.N. (1994). *Foundations of Behavioral Research* (3rd ed.)
3. Goodwin, J. (2009). *Research in psychology: Methods in Design*. (6thed.) Wiley.
4. Shaughnessy, J.J. and Zechmeister, E.B. (1997). *Research Methods in Psychology* (4th ed.)
5. Edward, A.L. (1985). *Experimental Designs in Psychological Research*, Harper and Row
6. Singh, A.K. (2006). *Tests, Measurement and Research Methods in behavioral Sciences*.
Bharti Bhavan. Patana.
7. Gregory, R. J. (2008). *Psychological Testing- History, Principles and Applications*.
8. Borude, R. R. (2008). *Research Methodology*. Pune vidyarthi Gruh Prakashan, Pune
9. Desai, B. H & Abhyankar, S. C (2006) *Research Methodology and Psychological measurement* Pune Narendra Prakashan, Pune.

Internal Marks

Internal Test	Seminar	Attendance
20	10	10

Course Outcomes:

After completion of this course students will be able to-

CO No.	Course Outcome	Cognitive Level
PSY 201 -1	Application of Research Methodology after understanding basic concepts of research.	3
PSY 201 -2	Relate different steps in research process and its purposes.	4
PSY 201 -3	Designing of research proposal and report.	4

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Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2022- 23)

M.A. Part I (Semester – II)

PSY 202 - Cognitive Process

Total Marks - 60+40

Total Hours – 60

Objectives -

- ❖ To introduce the nature and basic processes of cognitive psychology to students.
- ❖ To understand cognitive phenomenon
- ❖ To acquaint the students with the cognitive process in human life

Unit 1- Introduction to Cognitive process (15)

- 1.1 Cognitive approach to psychology: Origin and current status of cognitive psychology
- 1.2 Assumptions and methods of cognitive psychology.
- 1.3 Memory Processes: Current models and directions and Types of memory
- 1.4 Approaches to memory- information processing & connectionist and Forgetting.

Unit-2- Attention and Perception (15)

- 2.1 Definition, Characteristics and types of attention
- 2.2 Theories selective attention and divided attention, Automaticity and the effect of practice.
- 2.3 Definition and nature of Perception, Gestalt approaches to perception, Perceptual illusions and Perceptual constancies
- 2.4 Application: Neuro-Psychological studies of attention and subliminal perception and extra sensory perception

Unit-3 Thinking, Creativity and problem solving (15)

- 3.1 Definition and types of thinking
- 3.2 Theories of thinking: - Central theory and peripheral theory
- 3.3 Definition and nature Problem solving, Problem solving approaches: - Algorithm technique, Heuristics
- 3.4 Definition, Nature and Stages of Creativity, State of measuring Creativity

Unit-4 Language and Learning (15)

- 4.1 Language processes: Language acquisition, models of reading and language comprehension Meaning and beyond
- 4.2 Language production; Language and thought.
- 4.3 Definition, Nature and Types of learning, Conditioning – Classical and Operant Conditioning
- 4.4 Shaping and Schedule of reinforcement, Trial and error

References:

1. Best J.B. (1999) Cognitive psychology – USA: Wadsworth Publishing Co.
2. Galotti K.M.(2001) Cognitive psychology 3th edition New Delhi, Wiley
3. Borude. R.R. (2005) Bodhanik Manasshastra, Chhaya Publication. Aurangabad
4. Matlin, M. (1994). Cognition. Bangalore: Harcourt Brace Pub.
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9. Jahnke, J. C. & Nowaczyk, R. H. (1998). Cognition. Upper Saddle NJ: Prentice Hall.
10. Burne, L.E., Dominowski, R.L. & Loftus, E.E. (1979). Cognitive processes. NJ: Prentice-Hall.
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13. Flavell, J.H. (1985). Cognitive development (2nd ed) NJ: Prentice Hall.
14. Best, J. B. (1999). Cognitive Psychology. USA: Wadsworth Publishing Co.
15. Guenther R. K. (1998). Human Cognition. New Jersey: Prentice-Hall.

Internal Examination – 40 marks

Internal Test	Seminar	Attendance
20	10	10

Course Outcomes:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 202 -1	Identify the different Cognitive factors and processes and its application.	3
PSY 202 -2	Evaluate Decision Making, creative thinking Skills	4
PSY 202 -3	Interpret the role of biological factors in learning and memory.	3

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**KAVAYITRI BAHINABAI CHAUDHARI NORTH MAHARASHTRA UNIVERSITY,
JALGAON.**

Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2022- 23)

M.A. Part I (Semester – II)

PSY- 203 Statistical Methods of Psychology

Total Marks-60+40

Total Hours-60

Objectives:

- ❖ To introduce the students with fundamental concepts about statistics.
- ❖ To introduce the students with fundamental statistical application for Psychology.
- ❖ To introduce multivariate methods and computer applications to statistics.

Unit 1- Descriptive Statistics and Probability (15)

- 1.1 Statistics: Meaning, Types and Importance
- 1.2 Overview of measure a Central tendency and Variability
- 1.3 Probability: Concept, Definition and Approaches and Normal distribution curve.
- 1.4 Application of Normal distribution curve.

Unit 2- Correlation (15)

- 2.1 Correlation: Meaning and Nature
- 2.2 Pearson's Product-Moment Correlation,
- 2.3 Bi-serial and Point-bi-serial correlation
- 2.4 Tetra-choric, Phi coefficient, Partial and Multiple Correlation

Unit 3-Analysis of Variance (15)

- 3.1 Meaning, Need and Assumptions of analysis of variance
- 3.2 One-way analysis of variance and Two-way analysis of variance
- 3.3 Analysis of covariance: Meaning, Purpose and Assumption.
- 3.4 MANCOVA

Unit 4 Non-parametric Statistics (15)

- 4.1 Difference between Parametric and Non-parametric statistics
- 4.2 Chi Square test: Assumptions, Uses and Procedure
- 4.3 Non-parametric tests for correlated sample: Rank Difference Correlation, Sign Test,
- 4.4 Statistical software an introduction: SPSS, Excel

References:

- 1) Singh, A.K. (2006). Tests, Measurements and Research Methods in Behavioral Sciences.Patna: Bharati Bhavan.
- 2) Mangal S.K. (2004). Statistics in Psychology and Education. Prentice Hall of India, New Delhi.
- 3) Miller, McIntire and Lovler (2011). Foundation of psychological testing.3rd ed. Sage publication, California.
- 4) Cronbach, L. J. (1990). Essentials of psychological testing.5th Ed. New York: Harper Collins Publishers:
- 5) Howell, D. (2009). Statistical Methods for Psychology.7th ed. Wadsworth.
- 6) Minium, E. W., King, B. M., & Bear, G. (2001). Statistical reasoning in psychology and Education. Singapore: John-Wiley.
- 7) Guilford, J. P., & Fructore, B. (1978). Fundamental statistics for psychology and education.
- 8) Borude R.R. (2005). Research Methodology. Pune Vidhyarthi Ghruh Publication, Pune.
- 9) Broota K.D. (2002). Experimental design in Psychological research. New age International, New Delhi.
- 10) Barve B. N. (2007). Shaishkashnik Mansashashtriy Sankhyashatra, Ist edition, Vidhya Prakashan, Nagpur.

Internal Examination – 40 marks

Internal Test	Seminar	Attendance
20	10	10

Course Outcomes:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 203 -1	Application of fundamental concepts of statistics	3
PSY 203 -2	Evaluation of fundamental statistical application	3
PSY 203 -3	Analysis and generalization of results	4

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**KAVAYITRI BAHINABAI CHAUDHARI NORTH MAHARASHTRA UNIVERSITY,
JALGAON.**

Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2022- 23)

M.A. Part I (Semester – II)

PSY 204 –Experimental Psychology (Testing Practical)

Total Marks 60+40

Total Hours- 60

Objectives:

- ❖ To create interest in Psychological Phenomenon.
- ❖ To develop awareness of Psychological tools, test and techniques.
- ❖ To evaluate and predict specific aspects of human behavior.
- ❖ To know applying psychological parameters for Counseling and guidance.

Group A: (Any Four)

1. Personal stress source inventory
2. Suicidal Ideation Scale
3. Sexual Anxiety Scale
4. Mental Depression Scale
5. Neurosis measurement scale
6. Social Networking Addiction
7. Mobile Phone Addiction
8. Conduct Disorder Test

Group B. (Any Three)

1. Socio-Emotional School Climate Inventory
2. Self-concept cum rating Scale
3. Marital Adjustment Questionnaire
4. Locus of Control Scale
5. Family Climate Scale
6. Mithila Mental Health Status Inventory

Group C. (Any Three)

1. Emotional Intelligence Scale
2. Youth Problem Inventory
3. Emotional Maturity Scale
4. Multi-Factors Interest Inventory
5. Social Maturity Scale
6. Life Style Scale

References:

1. Anastasi, A. & Urbina, S. (1997). Psychological Testing. N. D.: Pearson Education.
2. Chadha, N. K. (1996). Theory and Practice of Psychometry. N. D.: New Age International Ltd.
3. Cronbach L. J. (1984). Essentials of Psychological Testing (4th Ed)
4. Kaplan, R. M. & Saccuzzo, D. P. (2007). Psychological Testing: principles. Application and Issues. Australia: Thomson Wadsworth.
5. Singh, A. K. (2006). Tests, Measurements and Research Methods in Behavioral Sciences. Patna: Bharati Bhavan.

Internal Evaluation: 40 Marks.

1. Performance during academic session -10 marks
2. Testing and test evaluation reports -10 marks
3. Test administration minimum 10 subjects and submission of report - 20 marks

External Evaluation: 60 Marks

1. Instruction and administered -- 10 Marks
2. Journal -- 20 Marks
3. Report writing -- 15 Marks
4. Viva-voce -- 15 Marks

Course Outcomes:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 204 -1	Explain and interpret the use of Psychological tools, test and techniques.	3
PSY 204 -2	Evaluate and anticipate the outcomes of measured aspects of human behaviour.	4
PSY 204 -3	Analyze and Apply psychological parameters for Counselling and guidance.	4

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M.A. Part I Semester II (Psychology): Audit Courses

AC-201(A): Soft Skills (Personality and Cultural Development Related Audit course; Practical; 2 Credits) (Optional: Campus-level)		
	<p><i>Course Objectives (CObs):</i></p> <ul style="list-style-type: none"> To inculcate different soft skills among students. 	
Unit 1	<p>Introduction to soft skills Formal definition, Elements of soft skills, Soft vs. Hard skills, Emotional quotient, Goal setting, life skills, Need for soft skills, Communication skills, Etiquettes & Mannerism.</p>	2 hrs.
Unit 2	<p>Self-Assessment Goal setting, SWOT analysis, attitude, moral values, self-confidence, etiquettes, non-verbal skills, achievements, positive attitude, positive thinking and self-esteem. Activity: The teacher should prepare a questionnaire which evaluate students in all the above areas and make them aware about these aspects.</p>	4 hrs.
Unit 3	<p>Communication Skills Types of communication: Verbal, Non-verbal, body language, gestures, postures, gait, dressing sense, facial expressions, peculiarity of speaker (habits). Rhetoric speech: Prepared speech (topics are given in advance, students get 10 minutes to prepare the speech and 5 minutes to deliver, Extempore speech (students deliver speeches spontaneously for 5 minutes each on a given topic), Storytelling (Each student narrates a fictional or real-life story for 5 minutes each), Oral review (Each student orally presents a review on a story or a book read by them) Drafting skills: Letter, Report & Resume writing, business letters, reading & listening skills Activity: The teacher should teach the students how to write the letter, report and build resume. The teacher should give proper format and layouts. Each student will write one formal letter, one report and a resume.</p>	8 hrs.
Unit 4	<p>Formal Group Discussion, Personal Interview & Presentation skills Topic comprehension, Content organization, Group speaking etiquettes, driving the discussion & skills. Preparation for personal interview: dress code, greeting the panel, crisp self-introduction, neatness, etiquettes, language tone, handling embarrassing & tricky questions, graceful closing. Activity: Each batch is divided into two groups of 12 to 14 students each. Two rounds of a GD for each group should be conducted and teacher should give them feedback. Mock interview are to be conducted.</p>	4 hrs.
Unit 5	<p>Aptitude and analytical skills Quantitative aptitude, Numerical reasoning, verbal reasoning, diagrammatic test, situational tests, logical thinking. Analytical skills: Definition, Types, problem solving</p>	8 hrs.
Unit 6	<p>Life skills Time management, critical thinking, sound and practical decision making by dealing with conflicts, stress management, leadership qualities Activity: The teacher can conduct a case study activity to train students for decision making skills. The teacher should conduct a session on stress management and guide students on how to manage stress. The teacher may conduct a stress relieving activity in the class. He/she may counsel students individually to know their problems and guide them on dealing with them effectively.</p>	4 hrs.
<p>Suggested readings:</p> <ol style="list-style-type: none"> Basics of Communication In English: Francis Sounderaj, MacMillan India Ltd. English for Business Communication: Simon Sweeney, Cambridge University Press An Introduction to Professional English and Soft Skills: Das, Cambridge University Press Quantitative Aptitude: R.S. Agrawal 		

Course Outcomes (COs):

On completion of this course, the student will be able to:

CO No.	CO	Cognitive level
AC201A.1	Identify their lacunas about some soft skills and try to overcome the same.	2
AC201A.2	Practice learned soft skills in real life and do their jobs more effectively.	3

AC-201(B): Practicing Sports Activities (Personality and Cultural Development Related Audit course; Practical; 2 Credits) (Optional: Campus-level)				
<i>Course Objectives (COs):</i>				
<ul style="list-style-type: none"> To motivate students towards sports and provide them required training. 				
SR NO.	NAME OF THE SPORT/GAME (Select ONE of the Following)	SYLLABUS OF THE COURSE	TIMING (02 Hours in a Week)	SEMESTER
1	Volleyball	<ul style="list-style-type: none"> General Fitness Basic Fitness Specific Fitness History of the Game Basic Skill of the Game Major Skill of the Game Technique & Tactics of the Game Game Practice 	Morning : 07 to 09 AM OR Evening : 05 to 07 PM	Total 30 Hours in Each Semester
2	Athletics			
3	Badminton			
4	Cricket			
5	Basketball			
6	Handball			
7	Kabaddi			
8	Kho-Kho			
9	Table-Tennis			
10	Swimming			

Course Outcomes (COs):

On completion of this course, the student will be able to:

CO No.	CO	Cognitive level
AC201B.1	Identify one or more sports of their choice and develop more interest to participate at University/National level sport events.	2
AC201B.2	Practice the learned sports activities regularly in real life.	3

AC-201(C): Practicing Yoga (Personality and Cultural Development Related Audit course; Practical; 2 Credits) (Optional: Campus-level)	
	<p>Course Objectives:</p> <ul style="list-style-type: none"> To motivate students towards yoga and provide them required training.
	<ul style="list-style-type: none"> Yog: Meaning, Definition & Introduction, Objectives Primary Introduction of Ashtanga Yoga Preparation of Yogabhyas Omkar Sadhana, Prayer, Guru Vandana Sukshma Vyayamas Suryanamaskar (12 Postures) Asanas : <ul style="list-style-type: none"> Sitting (Baithaksthiti) - Vajrasana, Padmasana, Vakrasana, Ardha-Pashchimotanasana Supine (Shayansthiti) - Uttan Padaasan(Ekpad/Dwipad), Pavanmuktasana, Viparitarani Aasan, Khandarasan, Shavasana Prone (Viparitshayansthiti) - Vakrahasta, Bhujangasana, Saralhasta Bhujangasana, Shalabhasana(Ekpad/Dwipad), Makarasana Standing (Dhandsthiti) - Tadasana , TiryakTadasana, Virasana, Ardh Chakrasana Primary Study of Swasana: Dirghaswasana, Santhaswasana, JaladSwasana - 6 Types Pranayama : Anuloma-viloma, Bhramari

Course Outcomes (COs):

On completion of this course, the student will be able to:

CO No.	CO	Cognitive level
AC201C.1	Identify and practice some Yoga asanas regularly in their life to remain healthy.	2
AC201C.2	Provide guidance and practice about Yoga to their friends, parents and relatives.	3

AC-201(D): Introduction to Indian Music (Personality and Cultural Development Related Audit course; Practical; 2 Credits) (Optional: Campus-level)	
	<p>Course Objectives:</p> <ul style="list-style-type: none"> To motivate students towards Indian music and provide them minimum required training.
	<ul style="list-style-type: none"> Definition and brief about generation of Swar, Saptak, Thaata, Raag, Aavartan, Meend, Khatka, Murkee, Taal, Aalaap etc. Taal and its uses - Treetaal, Daadraa, Zaptaal, Kervaa. Information of Badaakhyaal, Chhotaakhyaal (one), Sargam, Lakshangeet (information) Detailed information of Tambora Detailed information of Harmonium and Tablaa. Five filmy songs based on Indian Classical Music (Theory and Presentation) Sound Management - Basic information of Sound Recording (including Practicals) Composition of Music as per the Story Preparing news write-ups of the Seminars, Library Musical Programmes held at the nearest Akashwani, by personal visits.

Course Outcomes (COs):

On completion of this course, the student will be able to:

CO No.	CO	Cognitive level
AC201D.1	Identify different types of Indian music.	3
AC201D.2	Develop more interest to learn and practice Indian music.	4

**KAVAYITRI BAHINABAI CHAUDHARI NORTH MAHARASHTRA UNIVERSITY,
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(NACC Re-accredited 'A' Grade University)

Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f.2023-24)

Structure of the Courses/Papers SEMESTER - III

Sr.no	Paper code	Group	Title of the Paper
01	PSY 301		Psychotherapeutics-I
02	PSY 302		Dissertation
03	PSY 303	A	Psychological Disorders-I
		B	Counselling Psychology
04	PSY 304	A	Psycho-Diagnostics-I
		B	Modern Career Counselling

SEMESTER – IV

Sr. no	Paper code	Group	Title of the Paper
01	PSY 401		Psychotherapeutics-II
02	PSY 402		Health & Positive Psychology
03	PSY 403	A	Psychological Disorders-II
		B	Advanced Skills and Processes of Counselling
04	PSY 404	A	Psycho-Diagnostics-II
		B	Assessment in Counselling Psychology

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Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2023- 24)

M.A. Part II (Semester – III)

Compulsory Paper

PSY- 301- Psychotherapeutics- I

Total Marks: 60 +40

Total Hours: 60

Objectives:

1. To familiarize students with the with various scientific assessment techniques in counseling.
2. To study different types of therapies.
3. To introduce skills through workshops, case discussions, role plays, observation

Unit- 1) Introduction to Psychotherapies: (15)

- 1.1 Definition, nature and basic skills of psychotherapy
- 1.2 Evaluation of psychotherapy; Characteristics of Effective therapy
- 1.3 Ethical Issues in Psychotherapy.
- 1.4 Process of psychotherapy.

Unit- 2) Basic Approaches and Applications as Psychotherapies (15)

- 2.1 Psycho-analytical Psychotherapy.
- 2.2 Person Centered Therapy.
- 2.3 Phenomenological / Experiential Model – Kelley’s Personal construct View, Maslow’s Humanistic Approach.
- 2.4 Gestalt Model.

Unit- 3: Cognitive Approach (15)

- 3.1 Cognitive model
- 3.2 Cognitive Therapy (Beck)
- 3.3 Rational Emotive Behavioral Therapy- REBT (Albert Ellis)
- 3.4 Dialectical Behaviour Therapy

Unit- 4: Behavioural approach (15)

- 4.1 Origin of Behaviour therapy
- 4.2 Operant Conditioning, Desensitization
- 4.3 Assertive and Social Skills Training
- 4.4 Relaxation technique and aversive technique

References

Source Book

1. Korshin Sheldon.J (2004) Modern Clinical Psychology, CBS Publishers & Distributors.
2. John Sommers-Flanagan (2015) Counseling and Psychotherapy Theories in Context and Practice-Skills, Strategies, and Techniques, John Wiley & Sons, Inc

Reference Books-

1. Corsini, R.J. & Wedding, D. (Eds.) (1995). Current psychotherapies. Itasca, III... Peacock.
2. Gelso, C. J. & Fretz, B.R. (1995). Counselling psychology Bangalore: Prism books.
3. Woolfe, R. & Dryden, W. (Eds.) (1996). Handbook of counseling psychology. New Delhi: Sage.
4. Stewart, I. (2000). Transactional analysis counseling in action. London: Sage.
5. Beck, A.T. (1976). Cognitive therapy and behavior disorders.
6. Rimm, D.C. & Masters, J.C. (1987). Behavior therapy: Techniques and empirical findings. New York: Harcourt, Brace, Jovanich.
7. Watts, A. W. (1973). Psychotherapy: East and West. London: Penguin books.

INTERNAL 40 MARKS EVALUATION FOR SEM – IV

In first semester 40 marks evaluation done on the following basis:

Marks	
20	Therapy simulation (two)
20	Internal Test

Course Outcomes:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 301 -1	Intervene various approaches of psychotherapy	4
PSY 301 -2	Application of various psychotherapies	3
PSY 301 -3	Planning and implementation of psychotherapy	5

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JALGAON.**

**Syllabus under CBCS for MA in PSYCHOLOGY
Syllabus Structure (w.e.f 2023- 24)
M.A. Part II (Semester – III)
Compulsory Paper**

PSY 302- Dissertation

Total Marks: 60 +40

Total Hours: 60

Objectives:

1. Students can plan and implement a research project on their own under the guidance of subject teacher.
2. Students are able to present their research.
3. Students are able to do research on other subjects on their own.

Course Content:

1. Project assessment will be based on presentation of project before the internal and external examiners
2. There will be 20 marks for Project Report and 20 marks for Presentation and 20 for viva-voce

External Examination:-60 marks

Report writing	Presentation	Viva-voce
20	20	20

Internal Examination: - 40 marks

Regularity and punctuality	Project	Report
10	15	15

Internal evaluation will be done by the concerned teacher or guide.

1. External Examination will be conducted by two examiners one of whom will be internal and two will be external examiners (appointed by 32(5) (a) committee by KBCNMU).
2. Duration of examination for each batch will be four hours.
3. Marks for Project Report and Presentation and viva-voce will be given by both examiners and the average of the same will be considered as final marks of candidate.

Course Outcomes:

CO No	Course Outcome	Cognitive Level
PSY 302 -1	Plan and implement a research project on their own under the guidance	5
PSY 302 -2	Analysis and presentation of research	3
PSY 302 -3	Design and propose research	5

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JALGAON.**

Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2023- 24)

M.A. Part II (Semester – III)

Elective Paper

PSY – 303 A - Psychological Disorders-I

Total Marks: 60 +40

Total Hours: 60

Objectives:

1. To acquaint students with various manifestations of Psychopathology.
2. To introduce the detailed symptoms, etiology and causes of various disorders defined as per DSM5.
3. To know the updated changes in the classification of mental disorders according to DSM5.

Unit 1: Introduction to Psychological Disorders.

15

- 1.1 Definition and Criteria of Psychological Disorder
- 1.2 Historical Background and Classification
- 1.3 Psychological Disorders according to DSM-5
- 1.4 Various Approaches to Psycho-pathology: Psycho-analytical, Behaviorists, Biological, Humanistic-Existential and Cognitive Approach.

Unit 2: Schizophrenia Spectrum and Other Psychotic disorders:

15

- 2.1 Schizophrenia and Schizophreniform Disorder
- 2.2 Schizoaffective Disorder
- 2.3 Delusional Disorder and shared Psychotic Disorder
- 2.4 Brief Psychotic Disorder, Other Psychotic Disorders, and Catatonia.

Unit 3: Mood Disorders and Anxiety Disorders

15

- 3.1 Major Depression and Bipolar Disorder
- 3.2 Dysthymia and Cyclothymic
- 3.3 Panic Disorders, Agoraphobia; Specific Phobia and Generalized Anxiety Disorder
- 3.4 Social Anxiety Disorder (Social Phobia) and other Anxiety disorders

**Unit 4: Obsessive- Compulsive Disorder; Trauma and Stressor Related Disorders and
Dissociative disorders**

15

- 4.1 Obsessive-Compulsive Disorder
- 4.2 Body Dysmorphic Disorder; Hoarding Disorder; Hair Pulling Disorder
Excoriation and (Skin-Picking) disorder.
- 4.3 Posttraumatic Stress Disorder and Acute Stress Disorder; Adjustment Disorder
- 4.4 Dissociative Disorders.

References

1. Alloy, L.B. Riskind et. el. (2006). *Abnormal Psychology*, (9th ed.) Delhi, Tata McGraw Hill.
2. Barlow, D. H. & Durand, V. M. (2007) *Abnormal Psychology* (2nd ed.). Thompson Wadsworth.
3. Kaplan H. I.; Sadock B. J. . . (11th Edition). *Synopsis of Psychiatry*
4. American Psychiatric Association (1995). *Diagnostic and Statistical manual for mental disorders* (4th edition). International version. Washington, DC: American Psychiatric Association
5. Fauman, M.A. (1996). *Study guide to DSM-IV*. New Delhi: Jaypee Brothers.
6. Corner, R.J. (1995). *Abnormal Psychology* (2nd edition). New York: W. H. Freeman & co.
7. Gelder, M, Gath, D; MayoLI, R; & Cowen, P. (1996) *Oxford textbook of psychiatry* (3rd edition). Oxford: Oxford University Press.
8. Kaplan, H. I.; Sadock B. J. ; and Greb , J.A. (1994). *Synopsis of psychiatry: Behavioural sciences, clinical psychiatry* (7' edition). New Delhi: B.I. Waverly Pvt Ltd.
9. Sarason I. G. & Sarason B. R. ; *Abnormal Psychology*-PHI Learning Private Ltd. , 11th Edition New Delhi 2008.
10. Carson R. C. & Butcher J.M., Mineka , Hooley, – *Abnormal Psychology* ; 13th Pearson Edition. New Delhi.
11. Hoeksema S. N. – *Abnormal Psychology*. TMH Publication, New Delhi. 3rd Edition.

INTERNAL 40 MARKS EVALUATION FOR SEM- III

In the first semester 40 marks evaluation done on the following basis:

Marks	Assignment
20	Seminar on any one topic of choice from the syllabus.
20	Internal Test

Course Outcomes:

After completion of this course students will be able to-

CO No.	Course Outcome	Cognitive Level
PSY 303A -1	Classification of various psychological disorders according to DSM5.	3
PSY 303A -2	Comparison and separation of psychological disorders	4
PSY 303A -3	Review symptoms, etiology and epidemiology of disorders.	5

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JALGAON.**

Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2023- 24)

M.A. Part II (Semester – III)

Elective Paper

PSY – 303 B- Counselling Psychology

Total Marks: 60 +40

Total Hours: 60

Objectives:

1. To familiarize students with the nature and process of counselling.
2. To acquaint students with various scientific assessment techniques in counselling.
3. To explore different types of intervention strategies in counselling.

Unit- 1: Basic Concepts and professional foundations

15

- 1.1 Definition, nature and scope of Counselling
- 1.2 Difference between counselling and guidance Professional aspects of counselling.
- 1.3 Personal and professional aspects of Counselling
- 1.4 Fundamental precepts of effective Counselling

Unit- 2: Ethical and legal aspects of counselling

15

- 2.1 Ethics and counselling
- 2.2 Professional codes of ethics for counselors
- 2.3 Ethics in specific counseling situations
- 2.4 Law and counseling in India and abroad

Unit- 3: Counseling to diverse populations

15

- 3.1 Aged populations
- 3.2 Gender based
- 3.3 Multicultural
- 3.4 Spirituality and counselling

Unit- 4: Core activities

15

- 4.1 Group counselling
- 4.2 Individual counselling
- 4.3 Couple and family counselling
- 4.4 School counselling

Books for Reading:

1. Gladding, S. T. (2009). *Counseling: A Comprehensive Profession (8th Ed.)*. Pearson Publications, New Delhi, India.
2. Deshpande, C.G. (2016). *Counselling: Process and Application*. Pune: Unmesh Publication.
3. Rao, S. N. (1989). *Counseling Psychology*. Tata McGraw-Hill Publication Company Limited, New Delhi, India.

Books for References:

1. Feitham, C. & Horton, I. E. (Ed.) (2006). *The Sage handbook of Counseling and Psychotherapy*. (2ndEd.) Sage Publication, London.
2. Gibson, R. I. & Mitchell, M.H. (2005). *Introduction to Counseling and Guidance*. (6th Ed.) Pearson education Pvt. Ltd., Delhi.
3. Gelso, C.J. & Fretz, B.R. (1995). *Counseling Psychology*. Prism books Pvt. Ltd., Bangalore.
4. Gregory, R. J. (2005). *Psychological Testing*. (4thEd.) Pearson education Pvt. Ltd., Delhi.
5. Patterson, L. E. & Weifel, E.R. (2000). *The Counseling Process*. (5th Ed.) Wodsworth / Thomson Learning, Belmont.
6. Nelson, R. (2000). *Introduction to Counseling Skills: Text and Activities*. Sage Publication, London.
7. Cohen, R. J. & Swerdlik, M. E. (2005). *Psychological Testing and Assessment*. (6th ed.) McGraw-Hill, Delhi.
8. Bor, R. & Watts, M. (Ed.) (2000). *The Trainee Handbook*, Sage Publication, London.
9. Hecker I.E. & Thorpe, G.L. (2005). *Introduction to Clinical Psychology, Science, Practice and Ethics*, Pearson Education, Delhi.

INTERNAL 40 MARKS EVALUATION FOR SEM- III

In first semester 40 marks evaluation done on the following basis:

Marks	Topics
20	Seminar on any one topic of choice from the syllabus.
20	Internal Test

Course Outcomes:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 303B -1	Application of various counselling strategies	3
PSY 303B -2	Design counselling sessions for clients	4
PSY 303B -3	Assessment of counselling technique and process	6

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Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2023- 24)

M.A. Part II (Semester – III)

Elective Paper

PSY – 304 A-Psycho-Diagnostics-I

Total Marks: 60 +40

Total Hours: 60

Objectives:

- ❖ To Acquaint students with Psycho-diagnostic procedures
- ❖ To investigate psychological cases through testing.
- ❖ To analyse various diagnostic assessment and application

Course contents

Hours/Marks

Unit 1: Overview of Psycho-Diagnostic

(15)

1.1 Overview of Neuro-science

1.2 DSM and ICD Revisions

1.3 WHO Disability Assessment Schedule, Cross-cutting symptoms

1.4 Introduction and application of Neurosciences

Unit.2: Examination and Diagnosis

(15)

2.1 Psychiatric Interview, History and MSE

2.2 The Psychiatric Report and Medical Record

2.3 Psychiatric Rating Scales

2.4 Personality Assessments: Adults and Children

Unit 3: Psycho-diagnostic Assessment-I

(15)

3.1 Personality Inventory: MMPI, MCMI

3.2 Personality Inventory: NEO-PI, 16PF

3.3 Depression and Mania Measures

3.4 Anxiety and Anger Measures

Unit 4: Psycho-diagnostic Assessment-II

(15)

4.1 Projective Techniques: Pictorial

4.2 Projective Techniques: Verbal

4.3 Cross-cutting symptom measure- Child Form

4.4 Cross-cutting symptom measure- Adult form

References

Source Book

1. Kaplan Robert M, Saccuzzo Dennis P (2013) Psychological Assessment and theory, Cengage
2. Learning Publication, 8th ed

Reference Books

1. Groth-Marnat, G. (2003). Handbook Of Psychological Assessment(4th ed.). New Jersey:. John Wiley & Sons
2. Anastasi, A., Urbina, S. (2004).Psychological Testing (7th Ed.). India: Pearson Education Pvt. Ltd. (Indian Branch)
3. Graham, J. R., Naglieri, J.A. (Eds.), (2003). Handbook of Psychology; vol. 10 Assessment Psychology. New Jersey:. John Wiley
4. Urbania, S. (2004). Essentials of Psychological Testing. New Jersey:. John Wiley & Sons
5. Freeman. Theory and Practice of Psychological Testing
6. Lezak, M.D. (1995): Neuropsychological Assessment N. Y. Oxford University, Press.
7. Manuals of the Psychological Tests mentioned in curriculum

INTERNAL 40 MARKS EVALUATION FOR SEM- III

In first semester 40 marks evaluation done on the following basis:

Marks	Topics
20	Administration and interpretation of any two tests and submit its reports.
20	Internal Test

Outcomes:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 304A -1	Investigation of cases through psychological testing.	4
PSY 304A -2	Application and selection of various tests as per requirement.	3
PSY 304A -3	Construct test reports as per test findings	5

**KAVAYITRI BAHINABAI CHAUDHARI NORTH MAHARASHTRA UNIVERSITY,
JALGAON.**

Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2023- 24)

M.A. Part II (Semester – III)

Elective Paper

PSY-304 B- Modern Career Counselling

Total Marks: 60+40

Total Hours: 60

Objectives

- ❖ To expose the students to the applications of counselling in various fields.
- ❖ To acquaint the students with various problems of adjustment across the life span.
- ❖ To sensitize the students to the ethics of career counselling.

Unit- 1: Basics of Career Counselling

(15/15)

- 1.1 Meaning and nature of career counseling
- 1.2 Importance of career counseling
- 1.3 Scope of career counselling
- 1.4 Challenges and Ethics of career counselling

Unit- 2: Career Planning

- 2.1 Meaning and process of career planning
- 2.2 Need and importance of career planning
- 2.3 Sources and benefits of career planning
- 2.4 Career Planning- Five steps (Self-evaluation, Exploration, Decision making and goal setting, Gaining experiences, Implementation)

Unit- 3: Career Development Theories in Counselling

- 3.1 Super's Developmental Theory
- 3.2 Social Cognitive Career Theory
- 3.3 Self-concept theory of career development
- 3.4 Theory of work adjustment

Unit- 4: Career Counselling with Diverse Populations

- 4.1 Career counselling with children and adolescents
- 4.2 Career counselling with adults
- 4.3 Career counselling with women and ethnic minorities
- 4.4 Career counselling the disabled population

Books for Reading:

1. Gladding, S. T. (2009). *Counseling: A Comprehensive Profession (6th Ed.)*. Pearson Publications, New Delhi, India.
2. Deshpande, C.G. (2016). *Counselling: Process and Application*. Pune: Unmesh Publication.
3. Rao, S. N. (1989). *Counseling Psychology*. Tata McGraw-Hill Publication Company Limited, New Delhi, India.

Books for References:

1. Feitham, C. & Horton, I. E. (Ed.) (2006). *The Sage handbook of Counseling and Psychotherapy*. (2ndEd.) Sage Publication, London.
2. Gibson, R. I. & Mitchell, M.H. (2005). *Introduction to Counseling and Guidance*. (6th Ed.) Pearson education Pvt. Ltd., Delhi.
3. Gelso, C.J. & Fretz, B.R. (1995). *Counseling Psychology*. Prism books Pvt. Ltd., Bangalore.
4. Gregory, R. J. (2005). *Psychological Testing*. (4thEd.) Pearson education Pvt. Ltd., Delhi.
5. Patterson, L. E. & Welfel, E.R. (2000). *The Counseling Process*. (5th Ed.) Sage Publication, London.
6. Nelson, R. (2000). *Introduction to Counseling Skills: Text and Activities*. Sage Publication, London.
7. Cohen, R. J. & Swerdlik, M. E. (2005). *Psychological Testing and Assessment*. (6th ed.) McGraw-Hill, Delhi.
8. Bor, R. & Watts, M. (Ed.) (2000). *The Trainee Handbook*, Sage Publication, London.
9. Hecker I.E. & Thorpe, G.L. (2005). *Introduction to Clinical Psychology, Science Practice and Ethics*, Pearson education, Delhi.

INTERNAL 40 MARKS EVALUATION FOR SEM – III

In first semester 40 marks evaluation done on the following basis:

Marks	Description of the Task
20	Seminar on any one topic of choice from the syllabus.
20	Internal Test

Outcomes:

CO No	Course Outcome	Cognitive Level
PSY 304B -1	Applications of counselling in various fields	3
PSY 304B -2	Analysis of different aspects of career guidance	4
PSY 304B -3	Design career planning and guidance	5

M.A. Part II Semester III (Psychology) Audit Courses

AC-301(A): Computer Skills

(Technology + Value added Audit course; Practical; 2 Credits)

(Optional: Campus + Program level)

Course Objectives (COs):

- To inculcate different daily useful computer skills among students.

Unit 1	Elements of Information Technology 1.1 Information Types: Text, Audio, Video, and Image, storage formats 1.2 Components: Operating System, Hardware and Software, firmware 1.3 Devices: Computer, Mobile Phones, Tablet, Touch Screen, Scanner, Printer, Projector, smart boards 1.4 Processor & Memory: Processor functions, speed, Memory types: RAM /ROM /HDD /DVD-ROM/Flash drives, memory measurement metrics	2 hrs
Unit 2	Office Automation-Text Processing 2.1 Views: Normal View, Web Layout View, Print Layout View, Outline View, ReadingLayout View 2.2 Working with Files: Create New Documents, Open Existing Documents, SaveDocuments to different formats, Rename Documents, Close Documents 2.3 Working with Text: Type and Insert Text, Highlight Text, Formatting Text, Delete Text, Spelling and Grammar, paragraphs, indentation, margins 2.4 Lists: Bulleted and Numbered Lists, 2.5 Tables: Insert Tables, Draw Tables, Nested Tables, Insert Rows and Columns, Move and Resize Tables, Moving the order of the column and/or rows inside a table, Table Properties 2.6 Page Margins, Gutter Margins, Indentations, Columns, Graphics, Print Documents, 2.7 Paragraph Formatting, Paragraph Attributes, Non-printing characters 2.8 Types of document files: RTF, PDF, DOCX etc.	5 hrs
Unit 3	Office Automation-Worksheet Data Processing 3.1 Spreadsheet Basics: Adding and Renaming Worksheets, Modifying Worksheets, 3.2 Moving Through Cells, Adding Rows, Columns, and Cells, Resizing Rows and Columns, Selecting Cells, Moving and Copying Cells 3.3 Formulas and Functions: Formulas, Linking Worksheets, Basic Functions, AutoSum, Sorting and Filtering: Basic Sorts, Complex Sorts, Auto-fill, Deleting Rows, Columns, and Cells 3.4 Charting: Chart Types, drawing charts, Ranges, formatting charts	5 hrs
Unit 4	Office Automation- Presentation Techniques and slide shows 4.1 Create a new presentation, AutoContent Wizard, Design Template, Blank Presentation, Open an Existing Presentation, PowerPoint screen, Screen Layout 4.2 Working with slides: Insert a new slide, Notes, Slide layout, Apply a design template, Reorder Slides, Hide Slides, Hide Slide text, Add content, resize a placeholder or textbox, Move a placeholder or text box, Delete a placeholder or text box, Placeholder or Text box properties, Bulleted and numbered lists, Adding notes 4.3 Work with text: Add text and edit options, Format text, Copy text formatting, Replace fonts, Line spacing, Change case, Spelling check, Spelling options 4.4 Working with tables: Adding a table, Entering text, Deleting a table, Changing row width, Adding a row/column, Deleting a row/column, Combining cells, Splitting a cell, Adding color to cells, To align text vertically in cells, To change table borders, Graphics, Add clip art, Add an image from a file, Save & Print, slide shows, slide animation/transitions.	6 hrs

Unit 5	Internet & Applications: 5.1 Computer Network Types: LAN, PAN, MAN, CAN, WAN, Defining and describing the Internet, Brief history, Browsing the Web, Hypertext and hyperlinks, browsers, Uniform resource locator 5.2 Internet Resources: Email, Parts of email, 5.3 Protecting the computer: Password protection, Viruses, Virus protection software, Updating the software, Scanning files, Net banking precautions. 5.4 Social Networking: Features, Social impact, emerging trends, issues, Social Networking sites: Facebook, Twitter, linkedin, orkut, online booking services 5.5 Online Resources: Wikipedia, Blog, Job portals, C.V. writing 5.6 e-learning: e-Books, e-Magazines, e-News papers, OCW(open course wares): Sakshat(NPTEL) portal, MIT courseware	4 hrs
Unit 6	Cloud Computing Basics 6.1 Introduction to cloud computing 6.2 Cloud computing models: SAS, AAS, PAS 6.3 Examples of SAS, AAS, PAS (DropBox, Google Drive, Google Docs, Office 365 Prezi, etc.)	3 hrs

Suggested readings:

1. TCI, "Introduction to Computers and Application Software", Publisher: Jones & Bartlett Learning, 2010, ISBN: 1449609821, 9781449609825
2. Laura Story, Dawna Walls, "Microsoft Office 2010 Fundamentals", Publisher: Cengage Learning, 2010, ISBN: 0538472464, 9780538472463
3. June Jamrich Parsons, Dan Oja, "Computer Concepts Illustrated series", Edition 5, Publisher Course Technology, 2005, ISBN 0619273550, 9780619273552
4. Cloud computing online resources

Course Outcomes (COs):

On completion of this course, the student will be able to:

CO No.	CO	Cognitive level
AC301A.1	Identify their lacunas about some computer skills and try to overcome the same.	2
AC301A.2	Practice the learned computer skills in real life and do their jobs more effectively.	3

AC-301(B): Cyber Security

(Technology + Value added Audit course; Practical; 2 Credits)

(Optional: Campus + Program level)

Course Objectives (COs):

- To make students aware of different daily useful cyber security skills/rules.

Unit 1	Networking Concepts Overview Basics of Communication Systems, Transmission Media, ISO/OSI and TCP/IP models, Network types: Local Area Networks, Wide Area Networks, Internetworking, Packet Formats, Wireless Networks: Wireless concepts, Advantages of Wireless, Wireless network architecture, Reasons to use wireless, Internet	3 hrs
Unit 2	Security Concepts Information Security Overview, Information Security Services, Types of Attacks, Goals for Security, E-commerce Security, Computer Forensics, Steganography.	7 hrs

	importance of Physical Security, Biometric security & its types, Risk associated with improper physical access, Physical Security equipments. passwords: Define passwords, Types of passwords, Passwords Storage – Windows & Linux.	
Unit 3	Security Threats and vulnerabilities Overview of Security threats, Hacking Techniques, Password Cracking, Types of password attacks, Insecure Network connections, Wi-Fi attacks & countermeasures, Information Warfare and Surveillance. Computer crime: e-mail related cyber crimes, Social network related cyber crimes, Desktop related cyber crimes, Social Engineering related cyber crimes, Network related cyber crimes, Cyber terrorism, Banking crimes	7 hrs
Unit 4	Cryptography Understanding cryptography, Goals of cryptography, Types of cryptography, Applications of Cryptography, Use of Hash function in cryptography, Digital signature in cryptography, Public Key infrastructure	5 hrs
Unit 5	System & Network Security System Security: Desktop Security, email security: PGP and SMIME, Web Security: web authentication, Security certificates, SSL and SET, Network Security: Overview of IDS, Intrusion Detection Systems and Intrusion Prevention Systems, Overview of Firewalls, Types of Firewalls, VPN Security, Security in Multimedia Networks, Fax Security.	3 hrs
Unit 6	OS Security Security Vulnerabilities updates and patches, OS integrity checks, Anti-virus software, Design of secure OS and OS hardening, configuring the OS for security, Trusted OS.	2 hrs
Unit 7	Security Laws and Standards Security laws genesis, International Scenario, Security Audit, IT Act 2000 and its amendments.	3 hrs
Suggested readings:		
<ol style="list-style-type: none"> 1. Skills Factory, Certificate in Cyber Security, Text Book Special edition, Specially published for KBC NMU, Jalgaon 2. BPB Publication, “Fundamentals of Cyber Security”, Mayank Bhushan, Rajkumar Singh Rathore , Aatif Jamshed 3. CreateSpace Independent Publishing Platform, “Cyber Security Basics”, Don Franke, ISBN-13: 978-1522952190 ISBN-10: 1522952195 4. Online references 		

Course Outcomes (COs):

On completion of this course, the student will be able to:

CO No.	CO	Cognitive level
AC301B.1	Practice learned cyber security skills/rules in real life.	3
AC301B.2	Provide guidance about cyber security skills/rules to their friends, parents and relatives.	2

AC -301 (C) Disaster Management in India

Course Objective:

(60Hrs.)

- 1 Understand the Disaster and its major effect on human security.
- 2 The paper offers various type of Disaster including issue of current relevance.
- 3 Understand Disaster Management and role of armed forces

Unit 1- Meaning, concept and type of Disaster**Unit 2- Natural Disaster in India and its Management****Unit 3- Role of Armed forces in Disaster Management****Unit 4- Man-made disaster Management and recent government policy****References:**

- 1) Colonel (Retd) P.P. Marathe' Concepts and Practices in Disaster Management' (Pune: Diamond Publications 2006).
- 2) Rajdeep Dasgupta' Disaster Management and Rehabilitation' (New Delhi: Mittal Publications 2007).
- 3) Kamal Taori' Disaster Management through Panchayat Raj'(New Delhi: Concept Publishing Company 2005).
- 4) Reddy, A.V.S., Study Report on vision document for Creation of National Centre for Disaster Management (NCDM)/National Disaster Management Bureau. (NDMB)
- 5) Ministry of home Affair, government of India, "Annual Report 2014-15", in NDMA, New Delhi.

Program Outcomes (PO) for M.A. Program:

Course outcomes: On completion of this course, the student will be able to:

PO No.	Program Outcomes	Cognitive level
AC-301. C. 1	Develop a capacity to reflect on new natural & Man-made Disaster in India	3
AC-301. C. 2	Development of disaster management skills and its awareness.	3
AC-301. C. 3	Work as disaster management adviser in various institutes.	5

AC-301 (D) Nuclear, Biological & Chemical Warfare

Course Objective:

(60Hrs.)

- 1 Understand the nuclear, biological & chemical warfare and its Impact of word.
- 2 To introduce students to environmental impacts of nuclear technology, and the physical and biological effects of ionizing radiation.

Unit 1- Nuclear Warfare**Unit 2- Nuclear Strategy & Defence****Unit 3- Biological Warfare****Unit 4- Chemical warfare****References:**

- 1) Baiely Kathleen C, Weapons of Mass Distractions Costs Versus Benefit, (New Delhi, Manhoar Publication, 1994)
- 2) Bansal Alok and DuttSagarika (ed), South Asian Security 21st Century Discourses, (London, New York and New Delhi, Rutledge, 2012)
- 3) Chavan Anil, Aftermath of a Nuclear Attack, (New Delhi, Pentagon Press, 2010)
- 4) Dando Malcolom, Bio-terror and Bio-warfare a Beginners Guide, (London, One world Publication, 2006)
- 5) Dwivedi Manan and ChakravarthyDevaditya, Internal Security Threats to South Asia, (New Delhi, Kalpaz Publication, 2013)
- 6) Iqbal Mohammad, "Focus on Bioterrorism", (Jaipur, Sublime Publication, 2013)

- 7) Kumar S, Nuclear Proliferation, (New Delhi, Shubhi Publications, New Delhi, 2009)
- 8) Mehata R.S. Encyclopedia of Nuclear Arms Control & Non-Proliferation, vol-04, Pentagon Press, New Delhi, 2007
- 9) Menon Raja, “Weapons of Mass Destruction: Options for India”, (New Delhi, Sage Publications Pvt. Ltd, 2004),

Program Outcomes (PO) for M.A. Program:

Course outcomes: On completion of this course, the student will be able to:

PO No.	Program Outcomes	Cognitive level
AC-301. D. 1	Development of disaster management skills and its awareness.	3
AC-301. D. 2	To expose students to career opportunities in radiological, nuclear, biological chemical (RNBC area), sciences and analysis.	3

**KAVAYITRI BAHINABAI CHAUDHARI NORTH MAHARASHTRA UNIVERSITY,
JALGAON.**

Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2023- 24)

M.A. Part II (Semester – IV)

Compulsory Paper

PSY 401- Psychotherapeutics-II

Total Marks: 60 +40

Total Hours:60

Objectives:

1. To introduce students with the pharmacological aspects of psychology
2. To assess and plan psychotherapy for clients.
3. To train students in various skills of psychotherapy.

Hours/Marks

Unit 1- Psychopharmacology Therapy

(15)

- 1.1 Types of Psychological medicine.
- 1.2 Mechanism action of different drugs
- 1.3 Effects and side effects
- 1.4 Indications of drugs

Unit 2- Other Approaches

(15)

- 2.1 Psychodrama
- 2.2 Transactional Analysis
- 2.3 Existential Therapy
- 2.4 Logo Therapy

Unit 3- Therapies for Children

(15)

- 3.1 Play therapy
- 3.2 Parent child interaction Therapy
- 3.3 Supportive Therapy
- 3.4 Acceptance and commitment therapy.

Unit 4- Traditional healing methods and others

(15)

- 4.1 Yoga and Meditation
- 4.2 Vipassana
- 4.3 Reiki
- 4.4 Spirituality

References
Source Book

1. Korchin Sheldon.J (2004) Modern Clinical Psychology, CBS Publishers & Distributors.
2. John Sommers-Flanagan (2015) Counseling and Psychotherapy Theories in Context and Practice-Skills, Strategies, and Techniques, John Wiley & Sons, Inc

Reference Books-

1. Corsini, R.J. & Wedding, D. (Eds.) (1995). Current psychotherapies. Itasca, III... Peacock.
2. Gelso, C. J. &Fretz, B.R. (1995). Counselling psychology Bangalore: Prism books.
3. Woolfe, R. & Dryden, W. (Eds.) (1996). Handbook of counseling psychology. New Delhi: Sage.
4. Stewart, I. (2000). Transactional analysis counseling in action. London: Sage.
5. Beck, A.T. (1976). Cognitive therapy and behavior disorders.
6. Rimm, D.C. & Masters, J.C. (1987). Behavior therapy: Techniques and empirical findings. New York: Harcourt, Brace, Jovanich.
7. Watts, A. W. (1973). Psychotherapy: East and West. London: Penguin books.

Internal Marks

Marks	Description of the Task
20	One-month internship divided in various rehabilitation centers, School, Old age home and Remand home and submission of the report for external evaluation.
20	Internal Test

Course Outcomes:

CO No	Course Outcome	Cognitive Level
PSY 401 -1	Investigate various approaches of psychotherapy	4
PSY 401 -2	Classification of different therapies used in mental health	3
PSY 401 -3	Planning and implementation of psychotherapy	5

**KAVAYITRI BAHINABAI CHAUDHARI NORTH MAHARASHTRA UNIVERSITY,
JALGAON.**

Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2023- 24)

M.A. Part II (Semester – IV)

Compulsory Paper

PSY 402- Positive and Health Psychology

Total Marks: 60 +40

Total Hours: 60

Objectives:

1. To introduce concepts of positive and health psychology.
2. To acquaint students with positive, cognitive processes and pro- social behavior also wellbeing.
3. To aware about importance and applications of health psychology.

Unit 1- Introduction to positive psychology (15)

- 1.1 Concept and three pillars of Positive psychology
- 1.2 Assumptions, goals and definitions
- 1.3 Subjective well-being
- 1.4 Resilience in development

Unit 2- Cognitive Emotional Process (15)

- 2.1 Positive psychology of emotional intelligence and emotions
- 2.2 self-efficacies, Wisdom and Hope, flow of experience
- 2.3 Empathy, altruism and psychology of forgiveness
- 2.4 Love, Gratitude and meaningfulness in life

Unit 3- Stress and Health (15)

- 3.1 Impact of different types of stress and daily hassles
- 3.2 Nutrition, substance use, life style and psycho neuro immunology
- 3.3 Factors of personality, perception of health and illness.
- 3.4 Psychosocial support, coping mechanism

Unit 4- Psychology in various settings (15)

- 4.1 Diathesis stress model, Cognitive appraisal and GAS
- 4.2 Primary Prevention
- 4.3 Behaviour change and wellness
- 4.4 Community health and social relationships.

References

1. Fredrickson, B.L. (2001). The role of positive emotions in positive psychology: The broaden and build theory of positive emotions. *American Psychologist*.
2. Seligman, M.E.P. (2011). A new understanding of happiness and well-being – and how to achieve them. London: Nicholas Brealey Publishing. Chapter 1. (pp. 9-29)
3. Seligman, M. E. P. *Flourish: A Visionary New Understanding of Happiness and Well-being*. New York: Free Press, 1987. Print.
4. Seligman, M. E. P., Parks, A. C. A., & Steen, T. A. “Balanced Psychology and a Full Life.” *The Royal Society* (2004): 1379–1381. Web. 24 Jan. 2012.
5. Seligman, M. E. P. & Csikszentmihalyi, M. “Positive Psychology: An Introduction.” *American Psychologist* 55 (2000). 5–14.
6. Gable, S. L. & Haidt, J. “What (and Why) Is Positive Psychology?” *Review of General Psychology* 9.2 (2005): 103–110.
7. Ben-Shahar, T. D. *Happier: Learn the Secrets to Daily Joy and Lasting Fulfillment*. New York: McGrawHill, 2007.
8. Csikszentmihalyi, M. “If We Are So Rich, Why Aren't We Happy?” *American Psychologist* 54.10 (1999): 821–827. Print.
9. Sheldon, K. M. & Kasser, T. “Goals, Congruence, and Positive Well-Being: New Empirical Support for Humanistic Theories.” *Journal of Humanistic Psychology* 41 (2001)

1. Internal Marks

Internal Test	Seminar	Attendance
20	10	10

Course Outcomes:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 402 -1	Application of various aspects of Health Psychology for the Well-being of the Human –being	3
PSY 402 -2	Adaptation of skills to maintain positive thinking	3
PSY 402 -3	Analysis of health and positive psychology in day to day life	4

**KAVAYITRI BAHINABAI CHAUDHARI NORTH MAHARASHTRA UNIVERSITY,
JALGAON.**

Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2023- 24)

M.A. Part II (Semester – IV)

Elective Paper

PSY 403 A- Psychological disorders - II

Total Marks: 60 +40

Total Hours: 60

Objectives:

1. To acquaint students with various manifestations of Psychopathology.
2. To understand the detailed symptoms, etiology and causes of various disorders defined as per DSM5
3. To know the updated changes in the classification of mental disorders according to DSM5

Unit 1: Neuro-Cognitive Disorders

15

1.1 Introduction and Overview

1.2 Delirium, Dementia

1.3 Major and Minor Neurocognitive Disorder due to another medical conditions (Amnesic Disorder) Neuro-cognitive and other disorders (Epilepsy, Brain Tumors, Head Trauma)

1.4 Neuro-cognitive and other Disorders due to a General Medical Condition

Unit 2: Feeding, Eating Disorders and Personality Disorders

15

2.1 Anorexia Nervosa; Bulimia Nervosa; Binge Eating Disorder and other Eating Disorder.

2.2 Obesity and the Metabolic Syndrome.

2.3 Personality disorders: cluster A, B, C

2.4 Personality disorders: mixed, etiology.

Unit 3: Substance Use and Addictive Disorders

15

3.1 Etiology, Statistics and causes of Substance use and Addictive disorder

3.2 Alcohol-Related; Caffeine-Related; Cannabis-Related Disorders

3.3 Hallucinogen-related Disorders; Inhalant-related; Opioid-related Disorders.

3.4 Internet Addiction and Internet Gaming Disorder.

Unit 4: Human Sexuality and sexual Dysfunctions

15

4.1 Normal Sexuality

4.2 Sexual Dysfunctions

4.3 Paraphilic Disorders, Gender Dysphoria.

4.4 Disruptive, Impulse-Control, and Conduct disorders.

References

1. Alloy, L.B. Riskind et. el. (2006). *Abnormal Psychology*, (9th ed.) Delhi, Tata McGraw Hill.
2. Barlow, D. H. & Durand, V. M. (2007) *Abnormal Psychology* (2nd ed.). Thompson Wadsworth.
3. Kaplan H. I.; Sadock B. J. . . (11th Edition). *Synopsis of Psychiatry*
4. American Psychiatric Association (1995). *Diagnostic and Statistical manual for mental disorders* (4th edition). International version. Washington, DC: American Psychiatric Association
5. Fauman, M.A. (1996). *Study guide to DSM-IV*. New Delhi: Jaypee Brothers.
6. Corner, R.J. (1995). *Abnormal Psychology* (2nd edition). New York: W. H. Freeman & co.
7. Gelder, M, Gath, D; MayoLI, R; & Cowen, P. (1996) *Oxford textbook of psychiatry* (3rd edition). Oxford: Oxford University Press.
8. Kaplan, H. I. ; Sadock B. J. ; and Greb , J.A. (1994). *Synopsis of psychiatry: Behavioural sciences, clinical psychiatry* (7' edition). New Delhi: B.I. Waverly Pvt Ltd.
9. Sarason I. G. & Sarason B. R. ; *Abnormal Psychology*-PHI Learning Private Ltd. , 11th Edition New Delhi 2008.
10. Carson R. C. & Butcher J.M. , Mineka , Hooley, – *Abnormal Psychology* ; 13th Pearson Edition. New Delhi.
11. Hoeksema S. N. – *Abnormal Psychology*. TMH Publication, New Delhi. 3rd Edition.

INTERNAL 40 MARKS EVALUATION FOR SEM-1V

In first semester 40 marks evaluation done on the following basis:

Marks	Assignment
20	One month Internship in Mental Health Clinic referred by Department and submit its report.
20	Internal Test

Course Outcomes:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 403A-1	Classification of various psychological disorders according to DSM5.	3
PSY 403A -2	Comparison and separation of psychological disorders	4
PSY 403A -3	Review symptoms, etiology and epidemiology of disorders.	5

**KAVAYITRI BAHINABAI CHAUDHARI NORTH MAHARASHTRA UNIVERSITY,
JALGAON.**

Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2023- 24)

M.A. Part II (Semester – IV)

Elective Paper

PSY 403 B- Advanced skills and processes in counseling

Total Marks: 60 +40

Total Hours: 60

Objectives:

1. To train students in understanding using the basic advanced skills for counseling
2. To train students in understanding and using counselling process and related aspects for counseling.
3. To plan and conduct interventions for people with different psychological issues.

Unit- 1: Skills for counselling

(15)

- 1.1 Basic skills
- 1.2 Advanced skills
- 1.3 Characteristics of effective counselor/ therapists.
- 1.4 Issues faced by novice therapist

Unit- 2: Therapeutic assessment, contracting and initiating session (15)

- 2.1 Therapeutic assessment, history taking, and formulation, setting goals.
- 2.2 Contracting and its implications
- 2.3 Skills for opening and closing sessions.
- 2.4 Initial contact and first session, crisis and support.

Unit- 3: Process of counseling

(15)

- 3.1 Initial phase
- 3.2 Ice-breaking, exploration, loss framework.
- 3.3 Dealing with resistance: techniques and applications.
- 3.4 Transference and counter-transference

Unit- 4: Termination and follow-up and documentation

(15)

- 4.1 Termination
- 4.2 Follow-up: systems and techniques, sustained changes.
- 4.3 Documentation
- 4.4 Legal implications

References

Books for Reading:

1. Faiver, C., Eisengart, S., Colonna, S. (2003). The counselor intern's handbook. Pacific Grove, CA: Brooks/Cole Publishing Company.
2. Martin, D. G. (2011). Counseling and Therapy Skills. NY: Waveland Pr In.
3. Moursund, J., & Kenny, M. C. (2002). The Process of Counseling and Therapy (4th ed.). Upper Saddle River, New Jersey: Prentice Hall.
4. Wolberg, L. R. (2005). The Technique of Psychotherapy Part I and II. NJ: Jason Aronson Inc.

Books for References:

1. Archer, J., & McCarthy, C. J. (2008). Theories of Counseling and Psychotherapy: Contemporary. Applications. Upper Saddle River, NJ: Merrill Prentice Hall.
2. Corey, G. (2012). Theory and Practice of Counseling and Psychotherapy. California: Brooks/ Cole Publishing.
3. Keeran, D. (2009). Effective Counseling Skills: The practical wording of therapeutic statements and processes. CreateSpace Independent Publishing Platform.
4. Neukrug, E.S. (2010). Counseling Theory and Practice. Brooks/Cole, Brooks/Cole, Cengage Learning
5. Hutchinson D. R. (2011). The Counseling Skills Practice Manual. New Delhi: SAGE Publications Inc.
6. Sommers-Flanagan, J. & Sommers-Flanagan, R. (2012). Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques. Hoboken.
7. John Wiley & Sons, Inc. 5. Morrison, J. (2007). The First Interview (3rd ed.). New York, NY: Guilford Press.
8. Perry, W. (2008). Basic Counseling Techniques: A Beginning Therapist's Tool Kit (2nd ed.). Bloomington, IN: Author House.

INTERNAL 40 MARKS EVALUATION FOR SEM – IV

In first semester 40 marks evaluation done on the following basis:

Marks	Contents
20	One month Internship in School/educational institute referred by Department and submit its report.
20	Internal Test

Course Outcomes:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 403B-1	Application of advanced skills in counselling	3
PSY 403B-2	Analysis of various processes of counselling	4
PSY 403B-3	Design and planning of counselling session for clients.	5

**KAVAYITRI BAHINABAI CHAUDHARI NORTH MAHARASHTRA UNIVERSITY,
JALGAON.**

Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2023- 24)

M.A. Part II (Semester – IV)

Elective Paper

PSY 404 A- Psycho-diagnostics II

Total Marks: 60+40

Total Hours: 60

Objectives:

1. To introduce Psycho-diagnostic procedures
2. To know the skills through practical learning, case discussions, observations
3. To train students for assessment and evaluation of patients

Unit 1) Intelligence Assessment- I (15)

- 1.1. Weschler intelligence tests
- 1.2. Stanford binet test
- 1.3. MISIC
- 1.4. SPM, RPM,CPM

Unit 2) Intelligence assessment -II (15)

- 2.1. Developmental assessment- SFB
- 2.2. Social assessment- VSMS
- 2.3. Performance tests: Bhatia's battery, WAPIS
- 2.4. Draw a man test

Unit 3) Neuropsychological tests (15)

- 3.1. BGVMT
- 3.2. WMS
- 3.3. PGI battery for brain dysfunction
- 3.4. Minimal brain dysfunctions (MBD)

Unit 4) other tests and scales (15)

- 4.1. Self report scales
- 4.2. Addiction tests
- 4.3. Rating scales
- 4.4. Biofeedback, EEG

References

Source Book

1. Kaplan Robert M, Saccuzzo Dennis P (2013) Psychological Assessment and theory, Cengage
2. Learning Publication, 8th ed

Reference Books

1. Groth-Marnat, G. (2003). Handbook Of Psychological Assessment(4th ed.). New Jersey: John Wiley & Sons
2. Anastasi, A., Urbina, S. (2004).Psychological Testing (7th Ed.). India: Pearson Education Pvt. Ltd. (Indian Branch)
3. Graham, J. R., Naglieri, J.A. (Eds.), (2003). Handbook of Psychology; vol. 10 Assessment Psychology. New Jersey: John Wiley
4. Urbania, S. (2004). Essentials of Psychological Testing. New Jersey: John Wiley & Sons
5. Freeman. Theory and Practice of Psychological Testing
6. Lezak, M.D. (1995): Neuropsychological Assessment N. Y. Oxford University, Press.
7. Manuals of the Psychological Tests mentioned in curriculum

INTERNAL 40 MARKS EVALUATION FOR SEM – IV TH

In first semester 40 marks evaluation done on the following basis:

Marks	
20	Study tour & visit to mental health Institute and submit the report.
20	Internal Test

Outcomes:

CO No	Course Outcome	Cognitive Level
PSY 404A-1	Investigation of cases through psychological testing.	4
PSY 404A-2	Application and selection of various tests as per requirement.	3
PSY 404A-3	Construct test reports as per test findings	5

**KAVAYITRI BAHINABAI CHAUDHARI NORTH MAHARASHTRA UNIVERSITY,
JALGAON.**

Syllabus under CBCS for MA in PSYCHOLOGY

Syllabus Structure (w.e.f 2023- 24)

M.A. Part II (Semester – IV)

Elective Paper

PSY 404 B- – Assessment in Counselling Psychology

Total Marks: 60 +40

Total Hours: 60

Objectives:

1. To acquaint students with various assessment approaches and tools.
2. To explore different fields in counselling.
3. To train students for selection, Administration and interpretation of different types of tests.

Course contents	Hours/Marks
Unit- 1: Introduction	(15)
1.1 Nature, history and scope of Psychological Assessment	
1.2 types of Psychological Assessment	
1.3 Standardized and non standardized techniques of Assessment	
1.4 Ethical issues of Psychological Assessment	
Unit-2: Ability and Aptitude Assessment	(15)
2.1 Intelligence: MISIC, WISC, BKT	
2.2 Intelligence: Bhatia's Battery, SPM	
2.3 Aptitude: DBDA, MDI	
2.4 Developmental assessment	
Unit- 3: Personality Assessment	(15)
3.1 16PF, HSPQ	
3.2 NEO-PI-3	
3.3 Assessment of Social, Academics and Occupational issues	
3.4 Assessment of Study Habits and Interests	
Unit- 4: Other related areas Assessment	(15/15)
4.1 Computer assisted assessment	
4.2 Stress and Anxiety assessment	
4.3 Assessment and Planning interventions	
4.4 Test interpretation and report writing	

References:

Books for Reading:

1. Gladding, S. T. (2009). *Counseling: A Comprehensive Profession (6th Ed.)*. Pearson Publications, New Delhi, India.
2. Deshpande, C.G. (2016). *Counselling: Process and Application*. Pune: Unmesh Publication.
3. Rao, S. N. (1989). *Counseling Psychology*. Tata McGraw-Hill Publication Company Limited, New Delhi, India.

Books for References:

1. Feitham, C. & Horton, I. E. (Ed.) (2006). *The Sage handbook of Counseling and Psychotherapy*. (2ndEd.) Sage Publication, London.
2. Gibson, R. I. & Mitchell, M.H. (2005). *Introduction to Counseling and Guidance*. (6th Ed.) Pearson education Pvt. Ltd., Delhi.
3. Gelso, C.J. & Fretz, B.R. (1995). *Counseling Psychology*. Prism books Pvt. Ltd., Bangalore.
4. Gregory, R. J. (2005). *Psychological Testing*. (4thEd.) Pearson education Pvt. Ltd., Delhi.
5. Patterson, L. E. & Welfel, E.R. (2000). *The Counseling Process*. (5th Ed.) Wodsworth / Thomson Learning, Belmont.
6. Nelson, R. (2000). *Introduction to Counseling Skills: Text and Activities*. Sage Publication, London.
7. Cohen, R. J. & Swerdlik, M. E. (2005). *Psychological Testing and Assessment*. (6th ed.) McGraw-Hill, Delhi.
8. Bor, R. & Watts, M. (Ed.) (2000). *The Trainee Handbook*, Sage Publication, London.
9. Ashtaputre, A. A. (2015) *Counselling* Shodhani Prakashan, Aurangabad
10. Hecker I.E. & Thorpe, G.L. (2005). *Introduction to Clinical Psychology, Science, Practice and Ethics*, Pearson education, Delhi.

INTERNAL 40 MARKS EVALUATION FOR SEM – IVTH

In first semester 40 marks evaluation done on the following basis:

Marks	
20	Study tour & visit to mental health Institute/ counselling center and submit the report.
20	Internal Test

Course Outcomes:

After completion of this course students will be able to-

CO No	Course Outcome	Cognitive Level
PSY 404B-1	Investigation of cases through psychological testing.	4
PSY 404B-2	Application and selection of various tests as per requirement.	3
PSY 404B-3	Construct test reports as per test findings	5

M.A. Part II Semester IV (Psychology): Audit Courses

AC-401(A): Human Rights (Professional and Social + Value Added Audit course; Practical; 2 Credits) (Optional: Campus-level)		
	<i>Course Objectives (CObs):</i> <ul style="list-style-type: none">To make students aware about human rights and human values.	
Unit 1	Introduction to Human Rights 1.1 Concept of Human Rights 1.2 Nature and Scope of Human Rights 1.3 Fundamental Rights and Fundamental Duties 1.4 Interrelation of Rights and Duties	6 hrs.
Unit 2	Human Rights in India 2.1 Meaning and Significance of : 1) Right to Equality 2) Right to Freedom, 3) Right against Exploitation, 4) Right to Freedom of Religion, 5) Cultural and Educational Rights, and 6) Right to Constitutional Remedies. 2.2 Constitutional Provisions for Human Rights 2.3 Declaration of Human Rights 2.4: National Human Rights Commission	8 hrs.
Unit 3	Human Values 3.1: Meaning and Definitions of Values 3.2: Importance of values in the life of Individual 3.3: Types of Values	8 hrs.

	3.4: Programmes for conservation of Values	
Unit 4	Status of Social and Economically Disadvantaged people and their rights : Rights of women and children in the context of Social status : The Minorities and Human Rights : Status of SC/ST and other Indigenous People in the Indian Scenario 4.4: Human rights of economically disadvantaged Society	8 hrs.
Suggested readings:		
1. Human rights education – YCMOU, Nasik		
2. Value education – SCERT, Pune		
3. Human rights reference handbook – Lucille whare		

Course Outcomes (COs):

On completion of this course, the student will be able to:

CO No.	CO	Cognitive level
AC401A.1	Practice the learned issues under human rights and human values in real life.	3
AC401A.2	Provide social justices to people around them and provide guidance about human rights to their friends, parents and relatives.	5

AC-401(B): Current Affairs (Professional and Social + Value Added Audit course; Practical; 2 Credits) (Optional: Campus-level)			
Course Objectives (CObs):			
<ul style="list-style-type: none"> To make students updated about current affairs of India and world. 			
	Title	Content	Hours
Unit 1	Politics & Economy	<ul style="list-style-type: none"> National & International Political Activity, Organization. Economy & Business, Corporate world 	08
Unit 2	Awards and recognitions	<ul style="list-style-type: none"> National & International Awards and recognitions Books and authors 	07
Unit 3	Science & Technology	<ul style="list-style-type: none"> Software, Automobile, Space Research New inventions and discoveries 	07
Unit 4	Environment & Sports	<ul style="list-style-type: none"> Summit & conference, Ecology & Climate, Organization. National & International Games, Olympics, commonwealth etc. 	08
Suggested readings (Use recent years' data and current literature):			
1. India 2019, by Publications Division Government of India			
2. Manorama Year Book by Philip Mathew,			
3. India 2019, Rajiv Maharshi			
4. Quick General Knowledge 2018 with Current Affairs Update, Disha Experts			
5. General Knowledge 2018: Latest Who's Who & Current Affairs by RPH Editorial Board.			

Course Outcomes (COs):

On completion of this course, the student will be able to:

CO No.	CO	Cognitive level
AC401B.1	Identify important issues currently/ recently happening in India or world.	5
AC401B.2	Summarize current affairs regularly.	6

AC- 401-(C) India's Land-Border

Course Objective:

1 To inform the students about the India's land border and their security atmosphere

Unit 1- India-China Border (Hrs. 08)

Unit 2- India-Pakistan Border (Hrs. 08)

Unit 3- India-Bangladesh Border (Hrs. 07)

Unit 4- India-Myanmar Border (Hrs. 07)

Reference:

- 1) Gautam Das, Securing India's Borders: Challenges and Policy options, (New Delhi: Pentagon press, 2012)
- 2) Ibrahim Sajad KM, South Asia (Delhi: New century Publication, 2013)
- 3) Gautam Das, Insurgencies in North East India , (New Delhi: Pentagon press, 2013)
- 4) Calvocoressi Peter, World Politics 1945 -2000 (Delhi, Dorling Kindersley publishing, 2006)
- 5) Sali M. L., India-China Relation, (New Delhi: APH publishing corporation, 2009)
- 6) Wagh L. P., India-Myanmar Relation, (Kanpur: Atul Prakashan,2017)
- 7) BaduriyaDhahiya India's Neighbourhood (New delhi: IDSA, 2012)

Course outcomes: On completion of this course, the student will be able to:

PO No.	Course Outcomes	Cognitive level
AC-401. C. 1	Have basic awareness of India's land border issue and dispute	2
AC-401. C. 2	Develop as a good knowledge of India and neighbourhoods land border.	4

AC- 401-(D) Regional Security Issues

Course Objective:

- 1 The paper offers various approaches to world's regional security issue.
- 2 Develop regional security approach or interference of world power state.

Unit 1- Jammu and Kashmir Dispute (Hrs. 08)

Unit 2- Israel- Palestine Issue (Hrs. 08)

Unit 3- Xinjiang Issue in China (Hrs. 07)

Unit 4- Hong Cong Political Crisis (Hrs. 07)

Reference:

1. Ziring, Lawrence, Pakistan-at the crosscurrent of History (Manas Publication, New Delhi,2005).
2. Schofield, Victoria, Kashmir in Conflict: India, Pakistan and the Unending War (Viva Books, New Delhi,2005).
3. Ibrahim Sajad KM, South Asia (Delhi: New century Publication, 2013)
4. W.Edward, The Question of Palestine ,(Ventage Publication,1992)
5. China's Forgotten People: Xinjiang, Terror and the Chinese State, (I.B.Tauries & Co.Ltd,2015)

Program Outcomes (PO) for M.A. Program:

Course outcomes: On completion of this course, the student will be able to:

PO No.	Program Outcomes	Cognitive level
AC-401. D. 1	Identify and analyse the sources of international and regional political conflict	2
AC- 401. D. 2	Analyse the regional issues and create own opinion with remark capability	2

JOB OPPORTUNITIES -

1. After completion of this course students can work as psychologist.
2. Students have opportunities in the field of mental hygiene and field of public health is open for them.
3. Students can work as mental health professional in mental health clinic.
4. Students have opportunities to work as counselor in various fields.
5. Students have opportunities to work as Industrial Psychologist.
6. Students have opportunities to work as school counselor.
7. Students have opportunities to work as career guidance professional.
8. Students have opportunities to work as Child counselor as well as a Family counselor.
9. After completion of this course students can work in teaching field.
10. Work as rehabilitation professional for mentally and physically handicapped and for special children.
11. Students can work as a research assistant.
12. NET/ SET Examination
13. Education Field
14. Maharashtra Public Service Commission
15. Union Public service Commission

Syllabus Committee

Dr. Anil N. Chikate

(Chairman, B.O.S.)

Director,

School of Arts and Humanities, KBCNMU, Jalgaon

Dr. Vina D. Mahajan

(Co-ordinator)

Assistant Professor,

Department of Psychology,
School of Arts and Humanities,
KBCNMU, Jalgaon

Prof. Dr. C. P. Labhane

(Member)

Head,

Department of Psychology,
M. J. College, Jalgaon.

Dr. Anilsing D. Taur

(Member)

Assistant Professor,

Department of Psychology,
School of Arts and Humanities,
KBCNMU, Jalgaon

Mr. Prasanna D. Bhalerao (Alumni)

Department of Psychology,
School of Arts and Humanities,
KBCNMU, Jalgaon